

Ultralow-power all-optical switching via a chiral Mach-Zehnder interferometer

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Abstract: It is a challenge for all-optical switching to simultaneous achieve ultralow power consumption, broad bandwidth and high extinction ratio. We experimentally demonstrate an ultralow-power all-optical switching by exploiting chiral interaction between light and optically active material in a Mach-Zehnder interferometer. We achieve switching extinction ratio of 20.0 ± 3.8 and 14.7 ± 2.8 dB with power cost of 66.1 ± 0.7 and 1.3 ± 0.1 fJ/bit, respectively. The bandwidth of our all-optical switching is about 4.2 GHz. Moreover, our all-optical switching has the potential to be operated at few-photon level. Our scheme paves the way towards ultralow-power and ultrafast all-optical information processing.

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1. Introduction

Optical switching is an optical component modulating the propagation states of signal light with two different states of a control light [1]. It is a key component in many optical technologies such as optical communication networks. It is also the building block in realizing optical logic device, optical computation and the emerging field of photon-based artificial intelligent. In many cases, the performance of a whole system is limited by optical switching.

Realizing fast and ultralow-power optical switching with a usable extinction ratio is highly desired but extremely challenging. Optical switching has been demonstrated by using thermal-optical effect [2,3], liquid crystal optical material [4,5], magneto-optical effect [6,7], acousto-optical effect [8,9], and electro-optical effect [10–16]. Among these kinds, electro-optical switching with a Mach-Zehnder interferometer (MZI) is widely used in optical communication [12–16]. However, the power cost, which is usually defined as the control light power for switching is typically high because it requires optical-electrical/electrical-optical conversion. In stark contrast, all-optical switching exhausts much lower energy and thus attracts intensive studies [17–22]. For a practical application, ultralow power consumption, broad bandwidth and high extinction ratio are the most important performance of an optical switching. In contrast to other mechanisms, all-optical switching has the potential to meet all these three requisites at the same time, but is yet to demonstrate this capability.

In recent years, high-speed, all-optical switching operating at low power level have been realized in various platforms [23–58]. One of the most popular methods involves modifying the refractive index contrast of a Kerr nonlinear medium with a strong pump laser beam [23]. However, it is challenging to achieve a nonlinearity-based all-optical switching with ultralow

power cost and high extinction ratio, because optical Kerr nonlinearity in most materials is typically too weak. This weak nonlinearity constrains the practical availability of all-optical switching enormously. Two schemes have been proposed to solve this problem. One scheme is based on quantum-interference, such as electromagnetically induced transparency (EIT) in which linear susceptibility vanishes and the nonlinear interaction strength can be greatly enhanced by many orders of magnitude [24–41]. The other scheme uses high-quality microcavity to enhance the nonlinear photon-photon interaction [42,43]. By enhancing carrier-induced nonlinearity in a photonic-crystal nanocavity with high quality-factor-to-mode-volume ratio, a fast and ultralow-power all-optical switching has been demonstrated [44]. Besides, there are other schemes to realize all-optical switching, such as atom-cavity Rabi coupling [45–49], phase modulation [50,51], optical bistability [52], electromagnetically induced absorption [53], three-wave mixing [54], polarization rotation incoperation with a resonator-enhanced nonlinear birefringence [55,56] and coulomb blockade [57]. However, realization of all-optical switching with ultralow power cost, high switching speed and extinction ratio simultaneously is still challenging.

Chiral light-matter interaction, as an emerging powerful toolkit for light manipulation, has been widely used to realize striking optical technologies such as optical nonreciprocity [59–71] and chiral quantum information processing [72–75]. Here, by exploiting chiral interaction between light and an optical material with optical activity in a MZI, we experimentally demonstrate an ultralow-power all-optical switching by exploiting chiral interaction between light and an optical material with optical activity in a MZI. We achieve all-optical switching with an extinction ratio up to 20 dB by using a femtojoule-level weak control light. Theoretically, the bandwidth of the optical switching can exceed one hundred of gigahertz, allowing ultrafast operation with about 10 ps switching speed. Our work opens a door to conduct ultrafast and ultralow-power optical information processing.

2. Experimental arrangement and theoretical performance

2.1. Schematic of concept

Our key idea of ultralow-power all-optical switching using a chiral MZI is schematically illustrated in Fig. 1(a). Our all-optical switching crucially relies on the chiral interaction between light and a quartz crystal with optical activity in a MZI. The material with optical activity is "chiral" in the sense of its different refractive indices for left and right circular polarized (LCP and RCP) light. This chiral material has circular birefringence and thus can cause different phase shifts to these two orthogonal polarized light beams. This phase shift difference is also proportional to the material length. Thus, similar to a Faraday rotator, by choosing a proper length, the chiral material can convert a Horizontally-polarized (H-polarized) light to Vertically-polarized (V-polarized) without using an external magnetic field.

By using a V-polarized control light, we can adjust the polarization of light beam propagating in the chiral material to realize an all-optical switching. The mechanism is following. A beam splitter is used to mix the H-polarized signal and the V-polarized control beams. The mixed light beams are then sent to two arms of the chiral MZI. In our schematic, the polarization of the light beam introduced to the MZI can be adjusted by the control light. In the presence of the V-polarized control light, namely for the logic "off" state of the control, the light beams outcome from the first beam splitter (BS1) are RCP. This RCP beam in the upper arm of the MZI transmits through the chiral material and then is subject to a phase shift but remains its polarization. The MZI has two output port: ports I and II. We choose the relative phase $mod(\Delta\varphi, 2\pi) = 0$ between two arms of the MZI in an ideal case for this RCP beam. In this case, the output signal from the upper port (port I) is "dark" due to the destructive interference on the second beam splitter (BS2), corresponding to the signal "off" state. Light outcoming from the lower port (port II) is high and RCP. In the absence of the control light, i.e. the logic "on" state of the control, the light after BS1 only includes the H-polarized component from the signal. After passing through the chiral



Fig. 1. Schematic and experimental set-up of all-optical switching. (a) Schematic of all-optical switching using a chiral Mach-Zehnder interference (MZI). The signal light is horizontally (H)-polarized and the control light is vertically (V)-polarized. The chiral material with optical activity causes a phase to a circularly-polarized light beam but converts a H-polarized field to V-polarized. The control light can switch "on" and "off" the signal light. The effective phase shifter θ is used to compensate the unwanted phase difference in the two MZI arms. (b) Experimental implementation of all-optical switching depicted in (a). It includes preparation of signal and control light, MZI and chiral material. The phase difference between two arms of interferometer is adjusted by a variable delay stage. A chiral quartz crystal is placed in one arm of the MZI to transform the polarization and phase of the beam. The output signal is detected by an avalanche photodiode (APD). Details of all optical devices: QWP, quarter wave-plate; HWP, half wave-plate; Mirror, reflecting mirror; LCR, Liquid crystal retarder; BS, beam splitter; PBS, polarizing beam splitter; CM, chiral material; Coupler, fiber coupler; APD, avalanche photodiode.

material, this H-polarized field in the upper arm becomes V-polarized, avoiding interference with the H-polarized field in the lower arm on BS2. A horizontal polarizer is inserted in port I. Thus, the output signal from port I is H-polarized. As a result, the output signal has the same polarization with the input signal. Its intensity is high, corresponding to the signal "on" state. In our experiment, the output from port II becomes H + V polarized. Thus, the output from port II is always present in both cases. We choose port I for the output of all-optical switching. Clearly, the signal light can be switched "on" or "off" by the control light without the need of power-consuming modulation of the MZI or material as usual. On the other hand, we only use a cavity-free optical system and linear chiral material. This design allows us to switch the signal at an ultrafast speed.

2.2. Experimental setup

Figure 1(b) shows the experimental setup realizing the aforementioned schematic idea. Our experiment is based on a chiral MZI in which a material with optical activity is embedded in one arm. The chiral material is a 7.5 mm long quartz crystal with optical rotatory effect. The optical rotation value is 12° /mm, which has been measured experimentally (see Supplemental document

for experimental details). Therefore, the chiral quartz crystal can convert a H-polarized field to V-polarized. The RCP beam remains its polarization when transmitting through the chiral crystal. Our chiral MZI is essentially distinct in underlying physics from a conventional MZI. With the quartz crystal, H-polarized and RCP light beams entering the MZI with fixed-length arms will have very different outcomes from the output port detected by an APD (Model APD440A, Thorlabs). Below we will explain in detailed how we experimentally realize all-optical switching by using this chiral MZI. A beam from a tunable external cavity diode laser (Model DLC pro, Toptica Company) is split into two beams. This laser has a very narrow linewidth less than 100 kHz. The upper beam acts as the signal light. The lower beam is chopped into pulses. It is then divided into two parts with equal power by a 50:50 BS: one plays as the role of the control light, while the other works as a reference light to monitor the laser power. The power of the reference light is monitored by the APD on the left. By using a pair of QWP and HWP, the signal and control lights are prepared in H- and V-polarized, respectively. The relative phase of the signal and control beams is fixed to $\pi/2$ using an electric controlled liquid crystal retarder (LCR). The signal and control beams are then merged into one beam by a polarization beam splitter (PBS). In our arrangement, this combined beam is RCP or H-polarized when the control light is present or absent, corresponding to "off" or "on" logic state, respectively. Note that the control and signal light powers are equal in the presence of the control beam. The combined light beam is then coupled into a single-mode polarization-maintaining fiber and is reshaped to a transversal Gaussian mode. After mode reshaping, it enters the chiral MZI. The chiral material is inserted in the upper arm of the MZI. When the control field is in the logic "off" state, i.e. in the presence of the control light, the beam entering the MZI is RCP. The chiral material only causes a phase shift to light in the upper arm but keeps its polarization unchanged. We adjust the relative phase $\Delta \varphi$ between the two arms of MZI to be as small as possible by a variable delay stage. In the ideal case of $\Delta \varphi = 0$, light beams in two arms destructively interfere on the second BS2 and an "off" state output of signal with vanishing intensity is obtained in port I. To switch on the signal, we set the control field in logic "on" state. In this case, the light beam entering the MZI is H-polarized. The upper beam is then converted to V-polarized by the chiral material. Thus, the upper and lower beams transmit through BS2 independently without interference. The output signal from port I then has a high-level intensity. We insert a horizontal polarizer in port I to block the V-polarized light entering the output channel so that a H-polarized output signal is obtained to realize "on" state of switching. The always-on output from port II is absorbed by a beam block. In practical case, the phase difference $\Delta \varphi$ can be non-zero but small. As a result, the "off" state output signal is non-vanishing but at a low level. At the same time, the detected output power of an "on"-state signal is lower than the value of a perfect arrangement. The measured extinction ratio will therefore reduce due to this experimental imperfection. On the other hand, noise from electronic circuits and background will also decrease the extinction ratio and signal-to-noise ratio (SNR).

2.3. Theoretical performance of all-optical switching

Now we present a theoretical model to analyze the extinction ratio and bandwidth of our all-optical switching. In the presence of the control light, the output signal intensity with a harmonic frequency v is given by transmission of a standard MZI [76,77]

$$I_{off}(\nu) = \frac{I_0}{2} \left[\eta_1 + \eta_2 - 2\sqrt{\eta_1 \eta_2} \cos(\frac{2\pi\Delta L}{c}\nu) \right],\tag{1}$$

where I_0 is the total intensity of the input signal light. Note that the intensity of control light is equal to that of the input signal light. η_1 and η_2 are the total effective transmittances of light beams in the lower and upper paths, respectively. Here, we already consider the loss and absorption during light propagation and the imperfection of the BS. ΔL is the effective optical path difference

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(OPD) of two MZI arms, causing a relative phase $\Delta \varphi(v) = 2\pi \Delta L v/c$. To avoid the nonzero "off"-state output in the ideal case, we need mod $[\Delta \varphi(v), 2\pi] = 0$ that $\Delta \varphi(v)$ is the integer times of 2π . However, the OPD ΔL is nonzero due to experimental imperfection. Thus, we adjust the length of two MZI arms to guarantee $\Delta \varphi(v)$ as small as possible for the central frequency of the light. Without applying the control light, the laser beams in two arms are orthogonal in polarization. Therefore, the destructive interference on the second BS disappears. As a result, the output signal field is switched to the "on" state. The output signal intensity is given by [76,77]

$$I_{on} = \frac{I_0}{4} \eta_1. \tag{2}$$

The "on" state output is independent of light wavelength because the absence of destructive interference. The extinction ratio is evaluated as

$$R(\nu) = -10\log_{10} \frac{I_{off}(\nu)}{I_{on}}.$$
(3)

We set $2\pi\Delta L\nu_0/c = 2n\pi$ (*n* is an integer) such that mod $[\Delta\varphi(\nu_0), 2\pi] = 0$ for the central frequency ν_0 . In this case, the output intensity of the "off"-state signal light is low and given by

$$I_{off}(\nu_0) = \frac{I_0}{2} \left(\sqrt{\eta_1} - \sqrt{\eta_2} \right)^2.$$
(4)

Obviously, in an ideal arrangement of $\eta_1 = \eta_2$, the output signal light can be completely switched "off" to zero. When the light frequency is v_0 , we obtain the maximal extinction ratio

$$R_{\max} = -10\log_{10} \left[2(1 - \sqrt{\xi})^2 \right],$$
 (5)

with $\xi = \eta_2/\eta_1$.

Below we analyze the switching bandwidth. When the light wavelength varies to $\nu \neq \nu_0$, the value mod $[\Delta \varphi(\nu), 2\pi] = 0$ is nonzero but remains small. The output signal intensity then becomes

$$I_{off}(\nu) = \frac{I_0}{2} \left[\eta_1 + \eta_2 - 2\sqrt{\eta_1 \eta_2} \cos(\frac{2\pi\Delta L}{c}\Delta\nu) \right],\tag{6}$$

with $\Delta v = v - v_0 \ll v_0$. Note that $2\pi \Delta L v_0/c = 2n\pi$, the extinction ratio is then expressed as

$$R(\nu) = -10\log_{10}2\left[1 + \xi - 2\sqrt{\xi}\cos(\frac{2\pi\Delta L}{c}\Delta\nu)\right].$$
(7)

The 3 dB bandwidth defined as the full width at half maximum (FWHM) is

$$BW = \frac{c}{\pi\Delta L} \arccos\left[\frac{1+\xi - \left|1-\sqrt{\xi}\right|/\sqrt{2}}{2\sqrt{\xi}}\right].$$
(8)

According to Eq. (8), we can see that the bandwidth of our all-optical switching can be, in principle, very broad if $\Delta L \rightarrow 0$ because the material is assumed linear and the system excludes the use of an optical cavity. The chirality of material is also dependent on light wavelength. Therefore, the operating bandwidth relies on the dispersion of material. On the other hand, the bandwidth is crucially limited by the OPD ΔL in experiment.

3. Experimental results

3.1. All-optical switching with a relative high control power

We first demonstrate an all-optical switching with relative high control power. The control and signal light beams have the same frequency of 384.2793 THz. In the plane of measurement

screen, we place two APDs shown in Fig. 1(b) to record the power of the control light and output signal light, respectively. The APDs are connected to an oscilloscope to convert the optical signals into electric signals. The control light is modulated at 1.8 kHz by a mechanical chopper wheel. The power of the control light is 238.3 ± 2.5 pW, corresponding to a power cost of 66.2 ± 0.7 fJ/bit. We measure the time-dependent power of control light (hollow red circle) and output signal light (hollow blue square) as shown in Fig. 2. The input signal is always "on" and thus is a continuous-wave laser beam. A standard "fixed" MZI without light-matter interaction can't modulate the signal output and only yields a constant output. In our experiment, with the "active" chiral light-matter interaction, the "on" and "off" state of the control light pulses can switch on and off the output of the signal. The insertion loss for the switching on is about 6.2 dB, slightly higher than the theoretical limit of 6.0 dB. The single-measurement extinction ratio of optical switching can reach 20.0 ± 3.8 dB. Clearly, we achieve a sub-nanowalt optical switching with a high extinction ratio. Our active chiral MZI essentially differs from a standard MZI because it allows us to dynamically switch on and off the signal output. Note that a lower power cost is available because our optical switching only uses linear chiral material. Below, we demonstrate an ultralow-power optical switching by fixing the light modulation rate at 1.8 kHz but changing the control power.



Fig. 2. Experimental demonstration of all-optical switching with 238.3 ± 2.5 pW control light pulses. Time-dependent control light intensity is represented by hollow red circle and output signal light intensity is represent by hollow blue square. The frequency of the control light and signal light is 384.2793 THz. The "on" state control and output signal light powers are 238.3 ± 2.5 pW and 57.8 ± 1.5 pW, respectively.

3.2. All-optical switching with a femtojoule-level power cost

In Fig. 3, we demonstrate an ultralow-power optical switching with a control light power as low as system noise level. In experiment, we reduce the power of control light and signal light to 4.5 ± 0.5 pW. The energy of each control laser pulse decreases down to 1.3 ± 0.1 fJ accordingly. It can be clearly seen from Fig. 3(a) that the signal light can be effectively switched on and off. In this single-measurement case, the SNR is low because the energy of both the signal and control light pulses is just higher than system noise. The system noise mainly comes from electronic noise. If system noise can be reduced, we can considerably improve the SNR of the

output signal. To demonstrate this possibility, we average the output signals many times in oscilloscope. Obviously, the influence of electronic noise is reduced and the SNR is considerably improved as averaging times increases, see Figs. 3(b-e). The switching of the output signal also becomes clearer. Because the effective noise reduces with the averaged times increasing, the extinction ratio is improved. As shown in Fig. 3(f), the average extinction ratio is 9.8 ± 14.3 dB, 11.0 ± 7.0 dB, 12.9 ± 5.7 dB, 14.5 ± 3.7 dB and 14.7 ± 2.8 dB for single measurement, 4 times averaged, 16 times averaged, 64 times averaged and 128 times averaged, respectively. The large error of extinction ratio in the cases of small average times results from large electronic noise. For N-time average, the error can be roughly suppressed by a factor of \sqrt{N} according to measurement theory. Thus, the error range of extinction ratio continuously reduces to a small level and the extinction ratio is gradually improved to a saturated value 14.7 ± 2.8 dB with the averaging time increasing. The extinction ratio of $14.7 \pm 2.8 \, \text{dB}$ approaches to the best performance of a noise-free system. Therefore, we can realize an all-optical switching even though the power cost is as low as 1.3 ± 0.1 fJ/bit. If system noise can be reduced, an extinction ratio of about 14.7 is available. Such value of extinction ratio is already high for a femtojoule-level all-optical switching.



Fig. 3. Ultralow-power all-optical switching with only 1.3 ± 0.1 fJ/bit power cost. (a-e) results of single measurement, 4 times measurements averaged, 16 times measurements averaged, 64 times measurements averaged, and 128 times measurements averaged, respectively. (f) Corresponding extinction ratio of all-optical switching in a-e.

3.3. System noise

In practice, there is always some system noise, for example from electronic circuits, entering the detector. This noise reduces the extinction ratio and limits the minimal usable control light power switching the signal. We assume a system noise of power level P_n , yielding a noise intensity I_n to the detector. When the outcoming signal is in the off state, the detected light intensity is $I_n + I_{off}(v)$. If the signal is switched on, then the light intensity of $I_n + I_{on}$ will be detected. We assume that the light intensity I_0 corresponds to a light power P_c . Then, the extinction ratio at frequency $v = v_0$ when taking into account system noise is given by

$$R(\nu_0) = -10\log_{10} \frac{2P_n + P_c \left(\sqrt{\eta_1} - \sqrt{\eta_2}\right)^2}{2P_n + P_c \eta_1/2}.$$
(9)

To validate this power dependence of the extinction ratio and identify the system noise level, we have measured the extinction ratios in 8 different control power costs, as shown in Fig. 4. It can be seen that the extinction ratio first rapidly increases with the power cost of control light in noise-power level and then gradually becomes saturate when the power of control light grows to a high level. In addition, we have theoretically fitted experimental data according to Eq. (9). During the fitting, $\eta_1 = 0.98$, $\eta_2 = 0.82$. We can see from Fig. 4 that the theoretical fitting is in good agreement with experimental data. The fitting parameter P_n is 0.20 ± 0.09 pW. Therefore, the overall system noise in our system is about 0.20 ± 0.09 pW, corresponding to 218 photons within a signal output pulse. According to our understanding, the system noise mainly comes from the APD. Evaluated from the noise equivalent power (3.5 fW/ $\sqrt{\text{Hz}}$) of the APD and the measurement bandwidth (~4.3 kHz), the minimum detectable power is about 0.23 pW, corresponding to 0.06 fJ/bit in our experiment. Thus, the value of P_n is in agreement with noise level of measurement devices provided by manufactories.



Fig. 4. Extinction ratios for different control light powers. Black circles represent the experimental results. The red curve shows the theoretical fitting.

According to the above results, to make the SNR exceed one $(I_{on}>I_n)$ for practical use, the power cost of control light needs to be greater than 0.23 fJ/bit according to Eq. (2). However, the minimum power cost of control light in our all-optical switching is 1.3 ± 0.1 fJ/bit. The reason is as follows: in our experimental measurements, the minimum usable power cost of control light is also limited by the measuring precision and minimal trigger level of oscilloscope. When the power of control light is further reduced, the measurement signals is difficult to trigger and the measuring error will be very large.

If we reduce system noise and the detectable power of the APD and improve measuring precision of the oscilloscope, an all-optical switching with smaller power cost will be obtainable. In our experiment, the temporal duration of the control and signal pulses is about 0.5 ms. Limited by our experimental condition, the APD has a low response time and high noise level. Thus, the minimal applicable power of the control light is 4.5 pW, including about five thousands of photons each pulse. The energy of a light pulse is the product of the power and the pulse duration. By reducing the pulse duration by three orders to $0.5 \,\mu$ s, corresponding to increasing the switching rate to about 2 MHz, the energy per the control and signal light pulses has the potential to reduce down to few-photon level. To detect the on and off states of such weak signal,

a fast single-photon detector with low photon-counting noise, such as a single-photon-sensitive intensified charge-coupled-device, is needed.

3.4. Bandwidth of all-optical switching

The switching bandwidth is another important feature clarifying the performance of optical switching. It determines how fast one can switch on and off the signal. We evaluate the bandwidth of our optical switching by experimentally measuring the extinction ratio for different light frequencies (see blue circles Fig. 5(a)). To obtain the bandwidth, we calculate the FWHM of extinction ratio according to the measurements of the on- and off-state output signal intensities at 25 different frequencies. The optimal frequency v_0 is 384.2782 THz corresponding to minimal mod $[\Delta \varphi(v_0), 2\pi] = 0$. The frequency is tuned over 12 GHz with an interval 0.5 GHz by adjusting the cavity length of the laser. The power cost of the control light pulse is 52.4 ± 0.6 fJ/bit. According to our experimental measurements, the extinction ratio reaches the maximum of 17.5 ± 4.4 dB at v_0 and decreases when the light frequency deviates away from v_0 . At frequency $|v - v_0| = 2.1$ GHz, the extinction ratio is half of the maximum at v_0 . Thus, we obtain a 3 dB bandwidth of 4.2 GHz.



Fig. 5. Bandwidth of all-optical switching. (a) Extinction ratio as a function of laser frequency with respect to an optimal frequency 384.2782 THz where $mod(\Delta\varphi, 2\pi)$ is minimal. The energy of the control light pulse is 52.4 ± 0.6 fJ/bit, corresponding to the control power of 188.8 ± 2.3 pW. The blue hollow circles represent experimental data of single measurement. The red curve represents the fitting result of experimental data. The orange curve represents theoretical estimation with $\Delta L = 2$ mm. (b) Theoretical estimation of bandwidth as a function of ΔL .

We also theoretically fit the experimental data with Eq. (7). In the fitting, we use $\eta_1 = 0.98$ and $\eta_2 = 0.82$. By fitting experimental data, we obtain an estimation $\Delta L = 5.5 \pm 0.1$ mm (see the red curve in Fig. 5(a)). If we can reduce the OPD in experiment, the bandwidth can be considerably broadened. For example, when $\Delta L = 2$ mm, the bandwidth can be improved to 11.55 GHz (see the orange curve in Fig. 5(a)). Figure 5(b) shows the estimation of the bandwidth for different OPD ΔL . The bandwidth can exceed 110 GHz when the OPD reduces to $\Delta L = 0.2$ mm. In an ideal case where the effective optical path of two MZI arms matches perfectly, i.e. $\Delta L = 0$ and without considering material dispersion, the extinction ratio is independent of light frequency because our system is linear and cavity free. In this ideal case, the bandwidth can be very large. This is one of important advantages of our scheme. However, the applied chiral material also has dispersion for different light frequencies. This dispersion will further limit the available bandwidth.

4. Discussion

To show the performance of our all-optical switching, we compare our devices with previous representative experimental works in Table 1. In order to fulfill the requirement of the practical applications, the performance features of the control power cost, bandwidth (switching time), extinction ratio and insertion loss are important to an all-optical switching. As mentioned above, all-optical switching operating at low power level have been realized by means of EIT in an ensemble of atoms, cavity-enhanced Kerr effect, carrier-induced nonlinearity in a semiconductor cavity (namely carrier effect in a cavity), photon blockade due to atom-cavity interaction and Coulomb blockade in a waveguide. Typically, optical switching based on EIT in atoms has a narrow switching bandwidth. Microcavity can be used to enhanced Kerr effect and thus reduce the switching power cost to sub-pico Joule per bit with low insertion loss. Photon blockade in a cavity quantum electrodynamical system has great an advantage in achieving ultralow power-cost optical switching, reaching the single-photon level, however, often at expense of low extinction ratio. A novel approach using graphene-loaded plasmonic waveguide has achieved great success in all-optical switching with ultra-broadband and ultralow power cost. Despite these clear advantages, this type of optical switching is subject to a large insertion loss so far. Among previous methods, all-optical switching using semiconductor microcavity is particular successful because the high density of carriers induces a giant optical nonlinearity, which is enhanced by the cavity as well. In comparison to aforementioned works, our all-optical switching exhibits large bandwidth, fJ-level power cost and high extinction ratio at the same time.

Platform	Method	Power cost per bit	Bandwidth/Switching speed	Extinction ratio	Insertion loss
Cold atoms [27,28]	EIT	~21.7 pJ	<30 MHz	~6 dB	~1 dB
Cold atoms [39]	Rydberg EIT	Single photon	0.2 MHz	NA ^a	~3 dB
Hot atoms [35,36]	EIT	~300 pJ [35]	<30 MHz	NA	~8.5 dB
		10 fJ [36]	0.25 MHz	~14 dB	~11 dB
Ring cavity [17]	Kerr effect	25 pJ	2 GHz	~12 dB	~0.4 dB
PhC ^b cavity [42]	Kerr effect	131 fJ	~833 GHz	NA	~0.8 dB
PhC cavity [44]	Carrier effect	0.66 fJ	~28.5 GHz	10 dB	6 dB
Cavity QED ^c [46]	Photon blockade	Single photon	~20 GHz	~0.4 dB	>17dB
Waveguide [57]	Coulomb blockade	35 fJ	3.8 THz	3.5 dB	19 dB
This work	Chiral MZI	1.3 fJ	~4.2 GHz	14.7 dB	6.2 dB

Table 1. Comparison with previous representative experimental demonstrations of all-optical switching.

^aNA represents not available.

^{*b*}PhC is the abbreviation for photonic crystal.

^cQED is the abbreviation for quantum electrodynamics.

5. Summary

We have reported an all-optical switching by using a chiral MZI at room temperature with an ultralow power cost of 1.3 ± 0.1 fJ/bit and a bandwidth of 4.2 GHz. An extinction ratio of 14.7 ± 2.8 dB is also achieved for multiple-times averaged measurement. The switching power consumption is limited by the system noise level (0.23 pW) and measuring precision of oscilloscope. The bandwidth can be improved up to 110 GHz if we can reduce the OPD in future. Our all-optical switching using a linear system has the potential to be integrated on a chip when

one arm of an on-chip MZI is surrounded by a chiral material with giant optical activity [78]. Our work provides an opportunity for ultralow-power all-optical information processing and opens a door for the study of ultralow-power and ultrafast integrated photonic devices.

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Data availability. Data underlying the results presented in this paper are not publicly available at this time but may be obtained from the authors upon reasonable request.

Supplemental document. See Supplement 1 for supporting content.

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