## O S H E R LIFELONG LEARNING INSTITUTE 2024 SPRING COURSE CATALOG



College of Education & Health Professions 479.575.4545 olli@uark.edu olli.uark.edu



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AT THE UNIVERSITY OF ARKANSAS

OSHER

LIFELONG

LEARNING INSTITUTE

All About OLLI

#### Welcome to the Osher Lifelong Learning Institute (OLLI) at the University of Arkansas!

OLLI at the University of Arkansas was established in 2007. It is one of 125 Osher Lifelong Learning Institutes across the United States and is the only OLLI in the state of Arkansas. These lifelong learning programs are partially funded through the Bernard Osher Foundation, and each is dedicated to providing non-credit courses and continuing education opportunities to adults.

#### **Our Mission and Values**

The mission of the Osher Lifelong Learning Institute at the University of Arkansas (U of A) is to provide a community of adults with a lifelong learning venue that promotes intellectual and cultural growth through exploration and discussion via diverse, high quality and affordable educational programs.

#### High Quality Programs and Engaging Courses

The OLLI curriculum committee annually develops hundreds of stimulating courses in a variety of fascinating topic areas. Programs range from one-time lectures, tours, workshops, and day hikes to eight-week seminars or study groups. Courses are engaging, innovative, lively, hands-on, informative, and offered in a variety of settings. There are no prerequisites, no tests or exams, and no age restrictions. OLLI courses provide the ideal environment for learning.

#### **Exceptional Instructors**

Along with university professors and other educators, those who facilitate OLLI courses include experienced professionals, passionate hobbyists, researchers and distinguished scholars. OLLI instructors are there both to educate and to engage, and they love sharing their knowledge, expertise and

fascinating stories.

#### **Special Events and Programs**

In addition to regular courses, OLLI members enjoy the opportunity to engage in monthly social and cultural events, special programs, special interest groups, and much more. These special programs provide an opportunity to take the discussion outside the classroom, meet new people, and engage in unique experiences only offered through our institute.

#### **Congratulations** to the Osher Lifelong Learning Institute for 16 years of serving adults and promoting learning across the lifespan in Northwest Arkansas.

I'm proud that OLLI is part of the College of Education and Health Professions, where I'm in my second year as the dean. I enjoyed meeting many of you at the OLLI Holiday Brunch in December.

OLLI's mission aligns perfectly with our WE CARE – Wellness and Education Commitment to Arkansas Excellence – strategic plan, which focuses on fostering a caring culture, advancing impactful research, and expanding service to



**Dr. Kate Mamiseishvili** Dean, College of Education and Health Professions

Arkansas. OLLI's educational programs and the opportunities it provides to the community embody the priority of serving Arkansans.

I love that our faculty members enjoy teaching courses and sharing their unique passions with OLLI members. Just last fall, Molly Harry, an assistant professor of recreation and sport management, offered two courses related to college athletics. The courses explored the history of the NCAA, the transfer portal in college athletics, and the new landscape of name, image, and likeness deals for athletes. Associate Dean Matt Ganio and RJ Elbin, professor of exercise science, taught a four-course series about pizza-making. Sounds delicious!

I am grateful to all our OLLI instructors, volunteers, and members for their service and involvement. You are a valued part of our College of Education and Health Professions community.

Visit our website, wecare.uark.edu, to learn more about the college's strategic plan. Use the QR code below to subscribe to

our monthly online Leading with Care newsletter. Follow the college on Facebook and Instagram at @uacoehp or LinkedIn under its full name.

I look forward to working with and supporting OLLI as it continues to serve Arkansans!

#### Scan code for newsletter!



@ OLLIatUofA olli@uark.edu



481 S. Shiloh Dr., Fayetteville, AR 72704 Weekdays 9:00 a.m. – 4:00 p.m.

Courses listed in this catalog are offered in the spirit of academic freedom. The Osher Lifelong Learning Institute and the University of Arkansas do not endorse any creed, concept, service or product that might be presented by the instructors.

## Spring 2024

## **COURSE CATALOG**

## Content



#### An

hour ago I finished an OLLI class that was 2 weeks in the classroom and 2 weeks online. The discussion was free flowing and the instructor was very good at directing the class discussion. I was very glad we had the option to attend online and still hear and see classmates."

OLLI Member & Volunteer, Elizabeth Woods

#### What Our Members Are Saying

"The tour and presentation were OUTSTANDING! The facility visit alone was worth the time and trouble, but the hour-long narrative by senior staff of the athletic department took the class over the top! We would do it again (and bring some family and friends along). It really made me proud to be an avid Razorback fan, alumnus and member of OLLI!"

#### **OLLI Member, Thomas Waggoner**

"After moving here a few years ago a friend encouraged me to join OLLI for the classes and to meet people. For me, OLLI has provided the right combination of social activities, intellectual and practical learning. I love how thought-provoking and interactive the classes are and I've met the most interesting people from all over the country. I can't wait for the new catalogs to come out each spring and fall, and the list of classes and activities. I love it!"

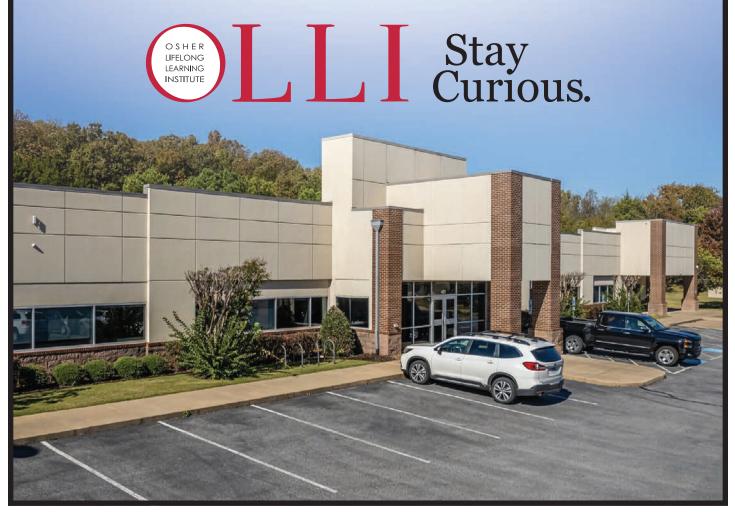
#### OLLI Member & Volunteer, Janet Boote

"I appreciate having the classes in many different locations in the area for our convenience." **OLLI Member** 

## The OLLI main office, staff and most programs are located at 481 S. Shiloh Dr. Fayetteville

#### Hours: Monday - Friday 9:00 AM - 4:00 PM

For more information visit the OLLI website at www.olli.uark.edu or call 479-575-4545.



# OLLI Memberships



Photo by Doug Talbott, OLLI member.

## **Maximize your OLLI** experience!

Become a member or renew your membership today!

Discounted Spring Membership **\$35** 

To Join or Renew: Online olli.uark.edu Phone 479-575-4545 Email olli@uark.edu

**Discounted memberships** run through June 30, 2024 and are tax deductible along with other exclusive benefits.

### Share your love of learning with a Linked Membership

You can also link your membership with another member at no cost! Linking a membership online provides a unique feature allowing members to register one another for courses and events. Just select the linked membership options at the time you join or renew!

#### It's more than great classes!

Are you someone who wants to learn, interact, and stay active with others seeking the same? OLLI is for you! Gain access to a variety of educational and social opportunities with your annual membership.

The Osher Lifelong Learning Institute (OLLI) at the University of Arkansas is a member-driven program developed for adults who are interested in enriching their lives by expanding their intellectual experiences.

Opportunities include courses, lectures, workshops, and social events. Instructors are qualified individuals from careers in academia, business, the arts and government. There are no tests and no grades; members pursue learning for pure pleasure.

Membership dues are tax deductible and partially support operating costs.

#### **Benefits of Membership**

- Memberships are tax deductible.
- Priority registration on ALL courses and events.
- Access to members only programs and courses.
- Advanced notice of OLLI programs, cultural events and socials via newsletters and special announcements.
- Access to member-exclusive Special Interest Groups.
- Student ticket prices for UA theatre events.
- Discounted tickets to performances at the Faulkner Performing Arts Center (contact the box office).

Contact us to learn how you can take advantage of these perks and more!

## **Aging With** Wit & Wisdom



**P**ě

## **Course Series on Healthy Aging**

**GETTING TO KNOW GRIEF** Page 24

> **IT'S MY FUNERAL, NOT YOURS!** Page 17

## **GRANDPARENTS RAISING** GRANDCHILDREN

Page 25

**MINDFUL MOVEMENTS THE KEY TO WELLNESS** Page 27



SAFETY AND AWARENESS Page 26

WIT & WISDOM OF AGING 2024 Page 17

**YOGA FOR HEALTHY AGING** Page 24



## WHATEVER YOU'RE IN IT FO

BACHELOR'S | MASTER'S | DOCTORAL



## **OLLI UA Staff**



Josh Raney DIRECTOR Sandra Sawyer ASST. DIRECTOR



### **VOLUNTEER COMMITTEES**

#### OLLI VOLUNTEER ADVISORY COUNCIL

**Chair:** Alishia Ferguson Essie Anderson Janet Boote Conrad Botha Mike Horsman Doug Talbott Judith Tavano

#### MEMBERSHIP/ MARKETING

**Chair:** Essie Anderson Janet Boote Rita Daniel Penny Davis Judy Sabag Judith Tavano Judy Unrath

#### DEVELOPMENT

Monica Cox Alishia Ferguson Emma Weiderhoft

#### CURRICULUM

**Chair:** Doug Talbott Trisha Beland Malcolm Cleaveland Hugh Earnest Mike Horsman Faye Jones Tom O'Neal Judith Tavano Marv Wiseman

#### SOCIAL

**Chair:** Conrad Botha Vergean Ward Betty Williams

#### SPECIAL INTEREST COORDINATORS

Ken Allen- **China In The News** Karen Smenner- **OLLI For Coffee** Elizabeth Woods- **Current Events** 

SCAN

### Share your knowledge and experience with an audience that is hungry for learning and lively discussion.

The OLLI Curriculum Committee invites knowledgeable, passionate, and engaging individuals to propose a class. We are seeking current and retired university faculty, distinguished community members, business leaders, hobbyists and others to share their knowledge on a wide variety of thoughtprovoking topics guided by member interest.

Teach a Class!

OLLI classes are offered in a variety of formats, including multi-session courses, hands-on workshops, ongoing study groups, or one-time lectures, hikes or walking tours, and even online through Zoom. Instructors are provided with all the resources needed to develop a successful course and provided support throughout the process.

Teaching a class with OLLI is a great way to share your expertise, highlight your business or industry, or share your love for a topic with other like-minded individuals. To learn more or to propose a class, visit our website, olli.uark.edu/participate/teach, or contact us directly.

The proposal deadline is April 30 for fall proposals and October 30 for spring.

LEARNING

I can't begin to tell you how much I *appreciated the invitation to come to my* old stomping ground and share some of Tulsa's history. The University of Arkansas was such a wonderful part of my life and truly set me on an exciting adventure. I am grateful. Your OLLI organization deserves accolades for putting on this enlightening and engaging series. I have no suggestions for any changes as you all are practically

perfect in every way.



Best, Woo Pigs! S Michelle Place **Executive Director, Retired** www.tulsahistory.org



Photo by Saira Gandhi, OLLI student staff.



#### MOVING FORWARD Together

Philanthropy enables the U of A to achieve new heights and advance our mission. A planned gift, such as a charitable gift annuity (CGA), is one way you can help shape our path forward.

"I wanted to add to our scholarship funds and decided to give through a CGA. I now receive annuity income and will help support Arkansas students well into the future" - Ms. Frances Vestal B.A.'56

To learn more, contact the Office of Planned Giving. 479-575-7271 • legacy@uark.edu



## Get Active

#### Check out these programs and activities that are designed to get you moving, enjoying the great outdoors and traveling to see new things!

Whether you are stretching out in a Yoga class, hiking to a scenic area or touring a museum, there are a number of opportunities to get outside the classroom.

A Total Eclipse of A Hike27
The Bob Dylan & Woody Guthrie Museum Tours29
Chasing Waterfalls - Kings River Falls
The Early Hiker Spots the Bird!
Hike to Hawksbill Crag
Hike the Ozark National Forest - Cove Creek
History & Tour of the Greenwood Museum17
Making Waves at the Blue Zoo
Mindful Movement: The KEY to Wellness27
On the Farm29
Pickleball for Beginners26
School of Art Tour
Tyson Art Tour
University of Arkansas Museum Tour
Visit One of the Most Haunted Places in the Ozarks30
Waltz of the Wildflowers: Spring Wildflower Hike at
Ozark Natural Science Center
Yoga for Healthy Aging24
Yoga IS Wellness
-

## **OLLI Activity Levels**

OLLI Program Activity Levels are designed with our members in mind. Below is a description of the activity levels that we use for our Out & About Series or other programs that may require physical activity.\*

LEVEL 1	Members must be able to climb a few stairs.
LEVEL <mark>2</mark>	In addition to Level 1, members must be able to stand up for an hour and get on and off a 15 passenger van / motor coach.
LEVEL <mark>3</mark>	In addition to Levels 1 & 2, members must be able to climb a few flights of stairs and walk over uneven surfaces.
LEVEL <mark>4</mark>	In addition to Levels 1 – 3, members must be in good health, mobile and able to participate in 3 to 5 hours of physical activity per day and walk up to 3 miles over uneven ground.
LEVEL 5	In addition to Levels 1 - 4, members must be in excellent health, extremely mobile and have an active lifestyle.
Some a	activities may require completion of a waiver of liability.
	DLLI at U of A is not responsible for any damage or

\*Disclaimer: OLLI at U of A is not responsible for any damage or personal injury sustained when a member is participating in any OLLI sponsored activity on or off the UA campus.

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Volunteers Needed!

Phone: 479-575-4545 Email: olli@uark.edu

Can you lend a hand?

OLL



Photo by Doug Talbott, OLLI member.

The Osher Lifelong Learning Institute (OLLI) recognized its volunteers at a reception hosted by the College of Education and Health Professions. Pictured left to right are Sandra Sawyer, Karen Smenner, Ken Allen, Marilyn Heifner, Rick Jones and Josh Raney.

#### **Osher Lifelong Learning Institutes** are guided by members and are volunteer driven organizations!

Our staff is dedicated, but small, and volunteers are vital to the success, quality and sustainability of the institute's programs. Your time, talents, and resources are valuable and greatly appreciated as we strive to offer high quality opportunities to the community.

Here is how you can support OLLI by volunteering your time:

**CLASS AMBASSADORS:** OLLI classes are held at various venues across the region. Volunteering as a class ambassador provides much needed support to instructors, staff and participants. Class ambassadors assist with greeting participants, introducing the instructors, making program announcements and if possible, assisting with classroom technology. No skills are needed. All training and information needed to be a successful class ambassador will be provided to you and available at each classroom location.

**OLLI COMMITTEE MEMBER:** OLLI committees are the driving force behind our institute's high quality courses, diverse membership and fun, unique special programs. Currently the institute has five standing committees: Curriculum, Membership, Social, Fundraising and the Advisory Council.

**OTHER WAYS TO VOLUNTEER:** Clerical/Office Support, Community Outreach/Advocacy, Special Projects or Events and Van Drivers.

With 10 locations across Northwest Arkansas, we're always in your corner. Download the RxLocal App! collierdrug.com

## **Classes By Category**

#### Art & Architecture

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Create Your Own Watercolor Tulips	18
Iconography: Sacred Art Of The	
Christian East	.28
Oil Painting For Beginners - Floral	.32
School Of Art Tour	.27
Tyson Art Tour (5/2)	.30
Tyson Art Tour (5/16)	.31

#### Government, Politics & Economics

Connect NWA: A Transit Plan	. 29
Great Decisions 2024	.17
Looking In On Presidential	
Libraries	.31
Political Messaging In The U.S	.28

#### Health & Well-Being

Getting To Know Grief	24
It's My Funeral, Not Yours!	17
Mindful Movements The Key To	
Wellness	27
Wit & Wisdom Of Aging 2024	17
Yoga For Healthy Aging	24
Yoga Is Wellness	32

#### Hikes

A Total Eclipse Of A Hike	27
Chasing Waterfalls	25
Chasing Waterfalls - Kings River Falls	26
Hike The Ozarks National Forest -	
Cove Creek	29
Hike To Hawksbill Crag	18
The Early Hiker Spots The Bird!	30
Waltz Of The Wildflowers	28

#### History

A Walk Across Petra	17
Arkansas In The Civil War	27
Catcher Race Riot Of 1923	18
Clinton House Museum	26
Historical Civil Rights Tour Of UA	
Campus	31

#### Leisure & Hobbies

Armchair Birdwatching: The Joy Of	5
Birding From Home	.24
Cake Decorating For Beginners	25
Create A Taste Of Elegance	.24
Knitting Stitches For Spring And	
Summer Knitting	.25
Pickleball For Beginners	26

#### Literature

A Novel Approach To War Against	
Innocent Civilians In Africa	.31
Ozarks/ Arkansas Writers Book	
Club	.24

#### **Philosophy & Religion**

Ancient Cosmogonies And	
Theogonies	18
Astronomy In The Bible	32

#### Photography

You, Too, Can Take Better Digital	
Photographs!	

#### Science & Nature

All About Monarchs - Ecology And	
Migration	31
Conservation - A Recent Activity	26
Geology Of Arkansas	28
How Does Your Garden Grow	17
Native Plants: Growing And Using	
Them In Urban Landscapes	28

The Lands & Waters On Which All	
Life Depends	25
Watershed Management Practices	
For A Growing Economy	25
Women In Science Despite	
Obstacles	30

#### **Special Interest**

Addressing The Issue Of Homeless- ness & Camping
Exploring Energy Efficiency With Ozarks Electric Cooperative
Geographical Observations With
Drones
Grandparents Raising
Grandchildren25
Is Public Radio Still Alive And Well
And Needed? 30
Outreach And Volunteering:
Archeology For The Public 18
Safety And Awareness 26
Supply Chain Issues

#### Theatre & Film

Jazz/Rock Fusion: The Music That
Reintroduced Jazz Into American
Life

#### **Tours & Day Trips**

Brightwater Culinary Tour/ 8th Street Market
History & Tour Of The Greenwood
Museum & Gardens 17
Making Waves At Blue Zoo
On The Farm 29
The Bob Dylan & Woody Guthrie
Museum Tours 29
University Of Arkansas Museum
Tour
Visit One Of The Most Haunted Places
In The Ozarks
Do you have a suggestion for an OLLI course?

Send it to olli@uark.edu

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BEGIN DATE	DAY	TIME	LOCATION	COURSE	SESSIONS	OLLI MEMBER	NON OLLI MEMBER	PG #
2/13/24	TUE	9:30 AM	SHLH	SILAS HUNT DOCUMENTARY	1	\$19.00	\$34.00	17
2/16/24	FRI	10:00 AM	SHLH	WIT AND WISDOM OF AGING 2024	1	\$25.00	\$40.00	17
2/19/24	MON	1:00 PM	BTV	HOW DOES YOUR GARDEN GROW	1	\$25.00	\$40.00	17
2/20/24	TUE	10:00 AM	SHLH	IT'S MY FUNERAL, NOT YOURS!	2	\$25.00	\$40.00	17
2/21/24	WED	10:00 AM	SHLH	GREAT DECISIONS 2024	8	\$75.00	N/A	17
2/21/24	WED	2:00 PM	SHLH / ZOOM	STORIES & SECRETS-GILDED AGE: TALE OF MURDER AND MADNESS	1	\$25.00	\$40.00	17
2/22/24	THU	8:30 AM	GR	HISTORY & TOUR OF THE GREENWOOD MUSEUM & GARDENS	1	\$35.00 (CR) \$50.00 (TR)	N/A	17
2/23/24	FRI	1:00 PM	SHLH	A WALK ACROSS PETRA	1	\$25.00	\$40.00	17
2/26/24	MON	10:00 AM	ARAS	OUTREACH AND VOLUNTEERING: ARCHEOLOGY FOR THE PUBLIC	1	\$19.00	\$34.00	18
2/26/24	MON	3:00 PM	SHLH	ANCIENT COSMOGONIES AND THEOGONIES	3	\$45.00	\$60.00	18
2/27/24	TUE	11:00 AM	SHLH	CATCHER RACE RIOT OF 1923	1	\$35.00	\$50.00	18
2/27/24	TUE	1:30 PM	SHLH	JAZZ/ROCK FUSION: THE MUSIC THAT REINTRODUCED JAZZ INTO AMERICAN LIFE	2	\$35.00	\$50.00	18
2/28/24	WED	9:00 AM	BWA	CREATE YOUR OWN WATERCOLOR TULIPS	1	\$79.00	\$94.00	18
2/28/24	WED	9:00 AM	PONCA, AR	HIKE TO HAWKSBILL CRAG	1	\$29.00 (CR) \$40.00 (TR)	\$44.00 (CR) \$55.00 (TR)	18
2/29/24	THU	10:00 AM	SHLH	GETTING TO KNOW GRIEF	1	\$19.00	\$34.00	24
3/1/24	FRI	1:00 PM	BGYL	CREATE A TASTE OF ELEGANCE	1	\$69.00	\$84.00	24
3/4/24	MON	10:00 AM	ZOOM	NIXON RESIGNATION RECONSIDERED	4	\$49.00	\$64.00	24
3/5/24	TUE	10:00 AM	SHLH	ARMCHAIR BIRDWATCHING: THE JOY OF BIRDING FROM HOME	1	\$19.00	\$34.00	24
3/6/24	WED	2:00 PM	SHLH	OZARK/ARKANSAS WRITERS BOOK CLUB	4	\$25.00	N/A	24
3/7/24	THU	9:00 AM	SHLH	YOGA FOR HEALTHY AGING	8	\$55.00	\$70.00	24
3/7/24	THU	11:30 AM	GC	ADDRESSING THE ISSUE OF FAYETTEVILLE'S HOMELESS- NESS & CAMPING	1	\$19.00	\$34.00	25
3/9/24	SAT	10:00 AM	RBK	CAKE DECORATING FOR BEGINNERS	1	\$59.00	\$74.00	25
3/12/24	TUE	10:00 AM	TNC	THE LANDS & WATERS ON WHICH ALL LIFE DEPENDS	1	\$19.00	\$34.00	25
3/13/24	WED	9:00 AM	Huntsville, AR	CHASING WATERFALLS (TR ONLY)	1	\$39.00	\$54.00	25

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3/14/24	THU	1:30 PM	SHLH	WATERSHED MANAGEMENT PRACTICES FOR A GROWING ECONOMY	1	\$19.00	\$34.00	25
3/15/24	FRI	10:00 AM	SHLH	KNITTING STITCHES FOR SPRING AND SUMMER KNITTING	1	\$25.00	\$40.00	25
3/18/24	MON	1:00 PM	SHLH	GRANDPARENTS RAISING GRANDCHILDREN	1	\$19.00	\$34.00	25
3/19/24	TUE	10:00 AM	PGBP	THE 19TH CENTURY SOLDIER'S LIFE	1	\$35.00	\$50.00	25
3/20/24	WED	2:00 PM	SHLH/ ZOOM	STORIES & SECRETS-GILDED AGE: THE TRIUMVIRATE-THE GRAND DAMES	1	\$25.00	\$40.00	26
3/25/24	MON	1:30 PM	BTV	CONSERVATION - A RECENT ACTIVITY?	1	\$19.00	\$34.00	26
3/26/24	TUE	10:00 AM	CLH	CLINTON HOUSE MUSEUM	1	\$29.00	\$44.00	26
3/26/24	TUE	1:00 PM	SHLH	EXPLORING ENERGY EFFICIENCY WITH OZARKS ELECTRIC COOPERATIVE	1	\$19.00	\$34.00	26
3/26/23	TUE	2:30 PM	JCF	PICKLEBALL FOR BEGINNERS	4	\$85.00	N/A	26
3/27/24	WED	9:00 AM	KRF	CHASING WATERFALLS - KINGS RIVER FALLS	1	\$25.00 (CR) \$40.00 (TR)		26
3/29/24	FRI	9:30 AM	SHLH	SAFETY & AWARENESS	3	\$55.00	\$70.00	26
4/1/24	MON	10:00 AM	SHLH	ARKANSAS IN THE CIVIL WAR	4	\$29.00	\$44.00	27
4/1/24	MON	1:00 PM	SHLH	MINDFUL MOVEMENT: THE KEY TO WELLNESS	8	\$59.00	\$74.00	27
4/2/24	TUE	10:00 AM	SHLH	SUPPLY CHAIN ISSUES	1	\$19.00	\$34.00	27
4/3/24	WED	5:00 PM	SDC	SCHOOL OF ART TOUR	1	\$25.00	\$40.00	27
4/4/24	THU	9AM	BWTR	BRIGHTWATER CULINARY TOUR / 8TH STREET MARKET	1	\$29.00 (CR) \$49.00 (TR)	N/A	27
4/4/24	THU	11:00 AM	SHLH	THE U.S. AND THE HOLOCAUST	1	\$25.00	\$40.00	27
4/8/24	MON	9:00 AM	JASPER, AR	A TOTAL ECLIPSE OF A HIKE (TR ONLY)	1	\$45.00	\$60.00	27
4/10/24	WED	1:30 PM	SHLH	NATIVE PLANTS: GROWING AND USING THEM IN URBAN LANDSCAPES	1	\$19.00	\$34.00	28
4/11/24	THU	10:00 AM	SNOC	ICONOGRAPHY: SACRED ART OF THE CHRISTIAN EAST	1	\$25.00	\$40.00	28
4/11/24	THU	1:30 PM	BTV	POLITICAL MESSAGING IN THE U.S.	1	\$19.00	\$34.00	28
4/16/24	TUE	8:15 AM	ONSC	WALTZ OF THE WILDFLOWERS: SPRING WILDFLOWER HIKE AT OZARK NATURAL SCIENCE CENTER	1		\$54.00 (CR) \$70.00 (TR)	28
4/17/24	WED	10:00 AM	SHLH	GEOLOGY OF ARKANSAS	2	\$25.00	\$40.00	28
4/17/24	WED	10:00 AM	SHLH	YOU, TOO, CAN TAKE BETTER DIGITAL PHOTOGRAPHS!	5	\$29.00	\$44.00	28

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**CR** = Commuter Rate **TR** = Transportation Provided

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BEGIN DATE	DAY	TIME	LOCATION	COURSE	SESSIONS	OLLI MEMBER	NON OLLI MEMBER	PG #
4/18/24	THU	8:30 AM	TULSA	THE BOB DYLAN & WOODY GUTHRIE MUSEUM TOURS	1	\$45.00 (CR) \$59.00 (TR)	N/A	29
4/19/24	FRI	9:00 AM	ONF	HIKE THE OZARK NATIONAL FOREST - COVE CREEK	1	\$29.00 (CR) \$40.00 (TR)	\$44.00 (CR) \$55.00 (TR)	29
4/23/24	TUE	10:00 AM	BLZ	MAKING WAVES AT THE BLUE ZOO	1	\$35.00	\$50.00	29
4/23/24	TUE	1:00 PM	UAF	ON THE FARM	1	\$25.00	\$40.00	29
4/24/24	WED	2:00 PM	SHLH/ ZOOM	STORIES & SECRETS-GILDED AGE: I COULD HAVE KILLED HIM TWICE	1	\$25.00	\$40.00	29
4/25/24	THU	1:00 PM	SHLH	CONNECT NWA: A TRANSIT PLAN	1	\$19.00	\$34.00	29
4/30/24	TUE	2:30 PM	KUAF	IS PUBLIC RADIO STILL ALIVE AND WELLAND NEEDED?	1	\$25.00	\$40.00	30
4/30/24	TUE	8:30 AM	РҮС	VISIT ONE OF THE MOST HAUNTED PLACES IN THE OZARKS	1	\$39.00 (CR) \$65.00 (TR)	\$54.00 (CR) \$80.00 (TR)	30
5/2/24	THU	9:00 AM	TYH	TYSON ART TOUR (5/2)	1	\$49.00	N/A	30
5/3/24	FRI	8:15 AM	ONSC	THE EARLY HIKER SPOTS THE BIRD!	1	\$35.00 (CR) \$55.00 (TR)	\$50.00 (CR) \$70.00 (TR)	30
5/7/24	TUE	10:00 AM	SHLH	ROUTE 66-AMERICA'S MAIN STREET	2	\$25.00	\$40.00	30
5/7/24	TUE	1:30 PM	SHLH	WOMEN IN SCIENCE DESPITE OBSTACLES	3	\$25.00	\$40.00	30
5/8/24	WED	1:00 PM	SHLH	A NOVEL APPROACH TO WAR AGAINST INNOCENT CIVILIANS IN AFRICA	3	\$39.00	\$54.00	31
5/9/24	THU	9:00 AM	ARAS	WHAT MAKES SPIRO MOUNDS SO SPECIAL?	1	\$25.00 (CR) \$39.00 (TR)	\$40.00 (CR) \$54.00 (TR)	31
5/9/24	THU	1:30 PM	ZOOM	LOOKING IN ON PRESIDENTIAL LIBRARIES	2	\$29.00	\$44.00	31
5/10/24	FRI	1:00 PM	BGO	ALL ABOUT MONARCHS - ECOLOGY AND MIGRATION	1	\$25.00	\$40.00	31
5/13/24	MON	10:00 AM	TBD	HISTORICAL CIVIL RIGHTS TOUR OF UA CAMPUS	1	\$19.00	\$34.00	31
5/16/24	THU	9:00 AM	ТҮН	TYSON ART TOUR (5/16)	1	\$49.00	N/A	31
5/17/24	FRI	10:00 AM	UAM	UNIVERSITY OF ARKANSAS MUSEUM TOUR	1	\$19.00	\$34.00	31
5/21/24	TUE	10:00 AM	SHLH	OIL PAINTING FOR BEGINNERS - FLORAL	2	\$39.00	\$54.00	32
5/22/24	MON & WED	11:00 AM	SHLH	YOGA IS WELLNESS	8	\$69.00	\$84.00	32
5/23/24	THU	10:00 AM	SHLH/AGP	GEOGRAPHIC OBSERVATION WITH DRONES	2	\$25.00	\$40.00	32
5/29/24	WED	1:00 PM	SHLH	ASTRONOMY IN THE BIBLE	1	\$25.00	\$40.00	32



## SILAS HUNT DOCUMENTARY

OSHER

LIFELONG

**DESCRIPTION:** Silas Herbert Hunt became the first African American in modern times to enter a major southern land grant university. His entrance into the University of Arkansas set into motion the integration of higher education throughout the south. This documentary chronicles the life of Silas Hunt from his upbringing in segregated Arkansas and his heroic military service during World War II to his historical entrance into the University of Arkansas in 1948. In addition to sharing this documentary, Brian Petty, E. A. Documentarian, will share the steps it took to research and create this award winning piece.

INSTRUCTOR: Brian Petty DAY/DATE: Tuesday, 2/13/24 (1) TIME: 9:30 AM - 11:30 AM FORMAT: In Person LOCATION: SHLH COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

## WIT AND WISDOM OF AGING 2024

**DESCRIPTION:** There is one thing we all have in common, that is aging. This program will provide the most recent information on all angles of aging. Judith Tavano has over two decades of experience studying aging and researching generational diversity. She will present up to date data that will look at aging in the 21st Century from all angles. Aging is a part of living, so join us to see how it might be done more gracefully. This program is offered each semester but each time is a little different and tailored to the participant's interest.

INSTRUCTOR: Judith Tavano DAY/DATE: Friday, 2/16/24 (1) TIME: 10:00 AM - 12:30 PM

FORMAT: In Person LOCATION: SHLH COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### HOW DOES YOUR GARDEN GROW

**DESCRIPTION:** A panel of Master Gardeners will discuss how your garden can be improved using native plants. Participants are encouraged to bring a project they are working on in their own gardens. The panelists will offer suggestions on plant choice and other ways to improve your garden.

INSTRUCTOR: Kitty Sanders, Diane Standefer and Gail Pinalto DAY/DATE: Monday, 2/19/24 (1) TIME: 1:00 PM - 3:30 PM FORMAT: In Person

#### LOCATION: BTV

COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### **IT'S MY FUNERAL, NOT YOURS!**

**DESCRIPTION:** We cannot predict the date of death, but we CAN be prepared for whatever funeral you yourself want to have. Tim Davis, a licensed Funeral Director at Nelson-Berna Funeral Home, will discuss questions that one should consider. This will include burial type, where, religious customs, having a "Living Wake" and writing your own obituary, along with other things you don't even know about... yet

INSTRUCTOR: Tim Davis DAY/DATE: Tuesdays, 2/20/24-2/27/24 (2) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: SHLH COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### **GREAT DECISIONS 2024**

**DESCRIPTION:** Great Decisions is the United States' largest discussion program on world affairs. OLLI at the University of Arkansas has participated in the program since 2010, affording adult learners the opportunity to explore major foreign policy issues and options facing our nation.

This semester's Great Decisions topics include: Middle East Realignment, Climate Technology & Competition, Science Across Borders, U.S-China Trade Rivalry, NATO's Future, Understanding Indonesia, High Seas Treaty, Pandemic Preparedness.

Facilitators will lead each week's discussion where all participants are encouraged to offer their thoughts and opinions on these important subjects. Members will receive a briefing book, published by the Foreign Policy Association, that provides background information, context, current data and policy options for all the topics to be discussed.

This is open to current members only.

INSTRUCTOR: Hugh Earnest DAY/DATE: Wednesdays, 2/21/24-4/10/24 (8) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: SHLH COST: \$75.00 OLLI Member

#### STORIES & SECRETS-GILDED AGE: TALE OF MURDER AND MADNESS

**DESCRIPTION:** The Gilded Age was a time of sweeping change that included unprecedented technological innovations, rapid industrializa-

tion, mass immigration and opulent wealth (for some.) This era is associated with political corruption and labor exploitation. With all of this combined, it is a fascinating time.

Join Gilded Age Authors, Nancy Markey and Kay Adams as they explore the story of Ben Burton. a black entrepreneur, whose 1885 death divided the close-knit community of Rhode Island. Was this really the suicide of a man gone mad, or was this murder?

This class is part of the Gilded Age series but each class is considered a stand-alone. This class is being brought to you in a hybrid setting (in-person and via zoom.)

INSTRUCTOR: Kay Adams and Nancy Markey DAY/DATE: Wednesday, 2/21/24 (1) TIME: 2:00 PM - 3:30 PM FORMAT: Hybrid LOCATION: SHLH / Zoom COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### HISTORY & TOUR OF THE GREENWOOD MUSEUM & GARDENS

**DESCRIPTION:** Here is an opportunity to visit the Greenwood Rising Black Wall Street History Center (docent led) commemorating the Tulsa Race Massacre. Learn about the history of this tragedy through photos, artwork, and artifacts. After the tour, you will have lunch (on your own) then head to the John Hope Franklin Reconciliation Garden for a brief visit.

Meet your group at the OLLI office at 8:30, ready to leave promptly by 9:00 and travel together to Tulsa. Expected return home by 4:30 pm.

Cost of Museum admission included in class price. This tour is open to current members only.

INSTRUCTOR: Emily Claus DAY/DATE: Thursday, 2/22/24 (1) TIME: 8:30 AM - 4:30 PM FORMAT: In Person LOCATION: GR COST: \$35.00 (CR) /\$50.00 (TR) OLLI Member

#### **A WALK ACROSS PETRA**

**DESCRIPTION:** Dr. Tom Paradise, professor of geosciences, gemologist and cartographer, has worked in Petra since 1990, mapping and analyzing the beautiful ruins of the "Rose-Red City half as old as time." With more than three decades of research in Petra, Dr. Paradise will walk us through this magical valley filled with ancient monuments, temples, tombs, and houses, at the crossroads of the booming Nabataean Kingdom. He will finish with an insider's perspective on having completed more than 15 TV specials on

Petra, including the PBS NOVA blockbuster 'Lost City of Stone' where he worked on the script, site logistics, maps, and on-air narration that became 55 minutes of television watched now by more than 100 million viewers. When asked to collaborate on several television specials, he had to change his perspective on this magical place -from a geologic, historic, and architectural laboratory to a visually stunning story that had never been told. Come and learn about the beautiful, ruined city of Petra and how decades of research and analysis became blockbuster international television specials.

O S H E R LIFELONG LEARNING

INSTITUTE

INSTRUCTOR: Dr. Tom Paradise DAY/DATE: Friday, 2/23/24 (1) TIME: 1:00 PM - 3:00 PM FORMAT: In Person LOCATION: SHLH COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### OUTREACH AND VOLUNTEERING: ARCHEOLOGY FOR THE PUBLIC

**DESCRIPTION:** Doing public outreach and utilizing community volunteers are components of any successful organization. In archeology, these tools help us educate, encourage participation, and facilitate continued interest in archeological research in Arkansas. In this program, Gillian Steeno, Society/Survey Liaison with the Arkansas Archeological Survey, will discuss tools for public program success that can be applicable to many fields.

Additionally, outreach and volunteer opportunities with the Arkansas Archeological Society will be covered. Bring your previous public program experience stories as we will cover a lot of ground during our discussion!

INSTRUCTOR: Gillian Steeno DAY/DATE: Monday, 2/26/24 (1) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: ARAS COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

## ANCIENT COSMOGONIES AND THEOGONIES

**DESCRIPTION:** Today we imagine the Big Bang as the start of our universe, and most Americans imagine a monotheistic deity whose existence predates both our universe and the infinite past. These ideas are drastically different from those proposed by the cultures located along the Fertile Crescent and Mediterranean world, where the gods were products of their evolving world.

This three-week course, led by Dr. Spencer Allen, U. A. Instructor of International Relations, considers the various cosmogonies (creations of the world) and theogonies (creations of the gods) from ancient Near East and Mediterranean worlds and compares them with those found in biblical, Hittite, Ugaritic, and Vedic traditions. We will also explore the various anthropogenies (creations of mankind) as they fit into the larger stories. The primary texts for study include the *Babylonian Enuma Elish* (week 1), the *Greek Theogony by Hesiod* (week 2), and the *Heliopolian Cosmogony from Egypt* (week3).

**INSTRUCTOR:** Dr. Spencer Allen **DAY/DATE:** Mondays, 2/26/24-3/11/24 (3) **TIME:** 3:00 PM - 5:00 PM

FORMAT: In Person LOCATION: SHLH COST: \$45.00 OLLI Member \$60.00 Non-OLLI Member

#### **CATCHER RACE RIOT OF 1923**

**DESCRIPTION:** The December 28, 1923, assault and murder of a white woman in the Catcher community in Crawford County, AR quickly ignited a firestorm of racial hatred that, within the span of a few days, exploded into the murder of an innocent black man, charges of night riding being leveled against eleven African Americans, and the exodus of all black families from Catcher, numbering at least forty.

From the vast research for his dissertation, Michael Anthony, UA Department of History instructor, sheds light on the Race Riot of Catcher and the details of all those involved.

Lunch is included in the cost of class.

**INSTRUCTOR:** Michael Anthony **DAY/DATE:** Tuesday, 2/27/24 (1) **TIME:** 11:00 AM - 12:30 PM

FORMAT: In Person LOCATION: SHLH COST: \$35.00 OLLI Member \$50.00 Non-OLLI Member

#### JAZZ/ROCK FUSION: THE MUSIC THAT REINTRODUCED JAZZ INTO AMERICAN LIFE

**DESCRIPTION:** With the end of the Swing Era and the advent of Rock and Roll, jazz was at its lowest level of popularity in America. 1950's Rock music was dominated by guitars, basic harmonies, and lack of improvisation, all characteristics unacceptable to the majority of players in the jazz community. Then, during the last years of the 1960's, creativity blossomed in the recording studios with new innovations coming from groups such as Chicago Transit Authority and Blood Sweat &Tears. By reintroducing wind instruments into popular music along with improvised solos in arrangements reminiscent of the big bands, jazz began to move back into the mainstream of musical life.

Dr. Gary Barrow, retired Professor of Music, through a combination of lecture, group discussion, and listening, will review the music of Chick Corea, Herbie Hancock, Wayne Shorter, Maynard Ferguson, Miles Davis, along with such groups as Weather Report, Return to Forever, and Chicago.

INSTRUCTOR: Dr. Gary Barrow DAY/DATE: Tuesdays, 2/27/24-3/5/24 (2) TIME: 1:30 PM - 3:30 PM FORMAT: In Person LOCATION: SHLH COST: \$35.00 OLLI Member \$50.00 Non-OLLI Member

#### CREATE YOUR OWN WATERCOLOR TULIPS

**DESCRIPTION:** Beth Woessner and OLLI are delighted to bring you this workshop where participants will paint some loose tulips in the wonderful medium of watercolors in this three hour workshop. Participants will learn basic watercolor washes and techniques to interpret these Spring beauties; practice loose and confident strokes; experience live demonstrations; have time to work independently and ask questions. Painting on a small canvas or the notecard size is quick and rewarding.

The group will create their own three separate notecards. These fun to paint notecards can be personalized to mail out; give as a gift, or display in a 5 x 7 frame. All levels are welcome. Come as you are with curiosity and a desire to learn more about the wonderful medium of watercolors.

All art materials are included in the class fee.

INSTRUCTOR: Beth Woessner DAY/DATE: Wednesday, 2/28/24 (1) TIME: 9:00 AM - 12:00 PM FORMAT: In Person LOCATION: BWA COST: \$79.00 OLLI Member

\$94.00 Non-OLLI Member

#### **HIKE TO HAWKSBILL CRAG**

**DESCRIPTION:** Come on this popular hike to Whitaker Point, more commonly known as Hawksbill Crag, to visit one of the most photographed spots in all of Arkansas. Located in the upper Buffalo National River wilderness area, Hawksbill Crag hangs out over Whitaker Creek giving 180 degree views of the valley below. This *Continued on page 24*.

## February2024 Spring Classes in Calendar View

O S H E R LIFELONG LEARNING INSTITUTE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
For a full list of o visit the OLLI and click on directed to ou	<b>Instru</b> course instructors a website at <b>Olli.t</b> "Participate". Ther ar registration site v by the instructor's	and biographies <b>1ark.edu</b> e you will be vhere you can	1	2	3
5	6	<b>7</b> 9:00 AM Member Priority Registration Opens 12:00 PM OLLI China SIG (OLLI)	8	<b>9</b> <b>10:00 AM</b> OLLI for Coffee SIG (Jimmy's Egg)	10
<b>12</b> 9:00 AM General Registration Opens	<b>13</b> 9:30 AM Silas Hunt Documentary (SHLH)	14	15 11:30 AM OLLI Lunch w/ Authors (FCC)	16 10:00 AM Wit and Wisdom of Aging 2024 (SHLH) 1:00 PM OLLI Movie & Dessert (SHLH)	17
<b>19</b> I:00 PM How Does Your Garden Grow (SHLH)	20 10:00 AM It's MY Funeral, Not YOURS! (SHLH)	21 10:00 AM Great Decisions 2024 (SHLH) 2:00 PM Stories & Secrets- Gilded Age: Tale of Murder and Madness (SHLH / Zoom)	22 8:30 AM History & Tour of the Greenwood Museum & Gardens (GR) 5:30 PM OLLI Happy Hour	23 11:00 AM OLLI Current Events SIG (FPL) 1:00 PM A Walk Across Petra (BTV)	24
26 10:00 AM Outreach and Volunteering: Archeology for the Public (ARAS) 3:00 PM Ancient Cosmogonies and Theogonies (SHLH)	<ul> <li>27</li> <li>10:00 AM It's MY Funeral, Not YOURS! (SHLH)</li> <li>11:00 AM Catcher Race Riot of 1923 (SHLH)</li> <li>1:30 PM Jazz/Rock Fusion: The Music That Reintroduced Jazz Into American Life (SHLH)</li> </ul>	<ul> <li>28</li> <li>9:00 AM Create Your Own Watercolor Tulips (BWA)</li> <li>9:00 AM Hike to Hawksbill Crag (Ponca, AR)</li> <li>10:00 AM Great Decisions 2024 (SHLH)</li> </ul>	<b>29</b> <b>10:00 AM</b> Getting to Know Grief (SHLH)		

O S H E R LIFELONG LEARNING INSTITUTE	h 2024 S	opring Classe	es in Calenda	r View	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
O S H E R LIFELONG LEARNING INSTITUTE	p to date on and give	OLLI prom		<b>1</b> <b>1:00 PM</b> Create a Taste of Elegance (BGYL)	2
4 10:00 AM Nixon Resignation Reconsidered (Zoom) 3:00 PM Ancient Cosmogonies and Theogonies (SHLH)	5 10:00 AM Armchair Birdwatching: The Joy of Birding From Home (SHLH) 1:30 PM Jazz/Rock Fusion: The Music That Reintroduced Jazz Into American Life (SHLH)	6 10:00 AM Great Decisions 2024 (SHLH) 12:00 PM OLLI China SIG (SHLH) 2:00 PM Ozark/Arkansas Writers Book Club (SHLH)	<ul> <li>7</li> <li>9:00 AM Yoga for Healthy Aging (SHLH)</li> <li>11:30 Addressing the Issue of Fayetteville's Homeless-ness &amp; Camping (GC)</li> </ul>	<b>8</b> <b>10:00 AM</b> OLLI for Coffee SIG (Jimmy's Egg)	<b>9</b> 10:00 AM Cake Decorating Fo Beginners (RBK)
<b>1 1</b> <b>10:00 AM</b> Nixon Resignation Reconsidered (Zoom) <b>3:00 PM</b> Ancient Cosmogonies and Theogonies (SHLH)	12 10:00 AM The Lands & Waters on Which All Life Depends (TNC)	<b>13</b> 9:00 AM Chasing Waterfalls (Huntsville, AR) 10:00 AM Great Decisions 2024 (SHLH)	<ul> <li><b>14</b></li> <li><b>9:00 AM</b> Yoga for Healthy Aging (SHLH)</li> <li><b>1:30 PM</b> Watershed Management Practices for a Growing Economy (SHLH)</li> </ul>	<b>15</b> <b>10:00 AM</b> Knitting Stitches for Spring and Summer Knitting (SHLH) <b>1:00 PM</b> OLLI Movie & Dessert (SHLH)	16
<b>18</b> <b>10:00 AM</b> Nixon Resignation Reconsidered (Zoom) <b>1:00 PM</b> Grandparents Raising Grandchildren (SHLH)	<b>19</b> <b>10:00 AM</b> The 19th Century Soldier's Life (PGBP)	20 10:00 AM Great Decisions 2024 (SHLH) 2:00 PM Stories & Secrets- Gilded Age: The Triumvirate- The Grand Dames (SHLH)	21 9:00 AM Yoga for Healthy Aging (SHLH) 11:30 AM OLLI Lunch w/ Authors (FCC)	<b>22</b> OLLI offices closed (Spring Break) <b>11:00 AM</b> OLLI Current Events SIG (FPL)	23
<b>25</b> <b>10:00 AM</b> Nixon Resignation Reconsidered (Zoom) <b>1:30 PM</b> Conservation - A Recent Activity (BTV)	26 10AM Clinton House Museum (CLH) 1:00 PM Exploring Energy Efficiency with Ozarks Electric Cooperative (SHLH) 2:30 PM Pickleball for Beginners (JCF)	<ul> <li>27</li> <li>9:00 AM Chasing Waterfalls - Kings River Falls (Kings River Falls Natural Area)</li> <li>10:00 AM Great Decisions 2024 (SHLH)</li> <li>4:00 PM OLLI Happy Hour Ozark Escape Room Event (OE)</li> </ul>	<b>28</b> 9:00 AM Yoga for Healthy Aging (SHLH)	29 9:30 AM Safety & Awareness (SHLH)	30

## April 2024 Spring Classes in Calendar View

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 10:00 AM Arkansas in the Civil War (SHLH) 1:00 PM Mindful Movement: the KEY to Wellness (SHLH)	2 10:00 AM Supply Chain Issues (SHLH)	3 10:00 AM Great Decisions 2024 (SHLH) 12:00 PM OLLI China SIG (OLLI) 2:00 PM Ozark/Arkansas WBC (SHLH) 5:00 PM School of Art Tour (TBD)	<ul> <li>4</li> <li>9:00 AM Yoga for Healthy Aging (SHLH)</li> <li>9:30 AM Brightwater Culinary Tour (BWTR)</li> <li>11:00 AM The U.S. and the Holocaust (BTV)</li> </ul>	5 9:30 AM Safety & Awareness (SHLH)	6
8 9:00 AM A Total Eclipse of a Hike (Jasper, AR) 10:00 AM Arkansas in the Civil War (SHLH) 1:00 PM Mindful Movement: the KEY to Wellness (SHLH)	<b>9</b> <b>2:30 PM</b> Pickleball for Beginners (JCF)	<b>10</b> <b>10:00 AM</b> Great Decisions 2024 (SHLH) <b>1:30 PM</b> Native Plants: Growing and Using Them in Urban Landscapes (SHLH)	<ul> <li><b>11</b></li> <li><b>9:00 AM</b> Yoga for Healthy Aging (SHLH)</li> <li><b>10:00 AM</b> Iconography: Sacred Art of the Christian East (SNOC)</li> <li><b>1:30 PM</b> Political Messaging in the U.S. (SHLH / BTV)</li> </ul>	<b>12</b> 9:30 AM Safety & Awareness (SHLH) 10:00 AM OLLI for Coffee SIG (Jimmy's Egg)	13
<b>15</b> <b>10:00 AM</b> Arkansas in the Civil War (SHLH) <b>1:00 PM</b> Mindful Movement: the KEY to Wellness (SHLH)	<b>16</b> 9:00 AM Waltz of the Wildflowers: Spring Wildflower Hike at Ozark Natural Science Center (ONSC) <b>2:30 PM</b> Pickleball for Beginners (JCF)	<b>1 7</b> <b>10:00 AM</b> Geology of Arkansas (SHLH) <b>10:00 AM</b> You, Too, Can Take Better Digital Photographs! (SHLH)	<ul> <li><b>18</b></li> <li><b>8:30 AM</b> The Bob Dylan &amp; Woody Guthrie Museum Tours (Tulsa)</li> <li><b>9:00 AM</b> Yoga for Healthy Aging (SHLH)</li> <li><b>11:30 AM</b> OLLI Lunch w/ Authors (FCC)</li> </ul>	<b>19</b> 9:00 AM Hike the Ozark National Forest - Cove Creek (ONF) 1:00 PM OLLI Movie & Dessert (SHLH)	20
<b>22</b> 10:00 AM Arkansas in the Civil War (SHLH) 1:00 PM Mindful Movement: the KEY to Wellness (SHLH)	<ul> <li>23</li> <li>10:00 AM Making Waves at the Blue Zoo (BLZ)</li> <li>2:30 PM Pickleball for Beginners (JCF)</li> <li>1:00 PM On the Farm (UA Farm)</li> </ul>	24 10:00 AM Geology of Arkansas (SHLH) 10:00 AM You, Too, Can Take Better Digital Photographs! (SHLH) 2:00 PM Stories & Secrets- Gilded Age: I Could Have Killed Him Twice (SHLH)	25 9:00 AM Yoga for Healthy Aging (SHLH ) 1:00 PM Connect NWA: A Transit Plan (SHLH) 5:30 PM OLLI Happy Hour	26 11:00 AM OLLI Current Events SIG (FPL)	27
<b>29</b> 1:00 PM Mindful Movement: the KEY to Wellness (SHLH)	30 8:30 AM Visit One of the Most Haunted Places in the Ozarks (PYC) 2:30 PM Is Public Radio Still Alive and Welland Needed? (KUAF)	OLLI Newsletter up with courses our newsletters? sign up to recei	SLETTE s are the easiest wars and events. Not re Scan the QR code a ve the newsletters of c.edu/participa	y to keep ecceiving at right to or go to:	

olli.uark.edu/participate



## May 2024 Spring Classes in Calendar View

O S H E R LIFELONG LEARNING INSTITUTE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<ul> <li><b>1</b></li> <li><b>10:00 AM</b> You, Too, Can Take Better Digital Photographs! (SHLH)</li> <li><b>12:00 PM</b> OLLI China SIG (OLLI)</li> <li><b>2:00 PM</b> Ozark/Arkansas WBC (SHLH)</li> </ul>	<b>2</b> 9:00 AM Tyson Art Tour (5/2) (TYH)	<b>3</b> 8:15 AM The Early Hiker Spots the Bird! (ONSC)	4
<b>6</b> <b>1:00 PM</b> Mindful Movement: the KEY to Wellness (SHLH)	<ul> <li>7</li> <li>10:00 AM Route 66-America's Main Street (SHLH)</li> <li>1:30 PM Women in Science Despite Obstacles (SHLH)</li> </ul>	<ul> <li>8</li> <li>10:00 AM You, Too, Can Take Better Digital Photographs! (SHLH)</li> <li>1:00 PM A Novel Approach to War Against Innocent Civilians in Africa (SHLH)</li> </ul>	9 9:00 AM What Makes Spiro Mounds so Special? (ARAS) 1:30 PM Looking In On Presidential Libraries (Zoom)	<b>10</b> <b>10:00 AM</b> OLLI for Coffee SIG (Jimmy's Egg) <b>1:00 PM</b> All About Monarchs - Ecology and Migration (BGO)	11
<b>13</b> <b>10:00 AM</b> Historical Civil Rights Tour of UA Campus (TBD) <b>1:00 PM</b> Mindful Movement: the KEY to Wellness (SHLH)	<b>14</b> <b>10:00 AM</b> Route 66-America's Main Street (SHLH) <b>1:30 PM</b> Women in Science Despite Obstacles (SHLH)	<ul> <li><b>1.5</b></li> <li><b>10:00 AM</b> You, Too, Can Take Better Digital Photographs! (SHLH)</li> <li><b>1:00 PM</b> A Novel Approach to War Against Innocent Civilians in Africa (SHLH)</li> </ul>	<b>16</b> 9:00 AM Tyson Art Tour (5/16) (TYH) <b>11:30 AM</b> OLLI Lunch w/ Authors (FCC)	<b>17</b> <b>10:00 AM</b> University of Arkansas Museum Tour (UAM) <b>1:00 PM</b> OLLI Movie & Dessert (SHLH)	18
20 1:00 PM Mindful Movement: the KEY to Wellness (SHLH)	21 10-:00 am Oil Painting for Beginners - Floral (SHLH) 1:30 PM Women in Science Despite Obstacles (SHLH)	22 11:00 AM Yoga IS Wellness (SHLH) 1:00 PM A Novel Approach to War Against Innocent Civilians in Africa (SHLH)	23 10:00 AM Geographic Observation with Drones (SHLH (class) / Agri Park (Demo)) 5:30 PM OLLI Happy Hour	24 11:00 AM OLLI Current Events SIG (FPL)	25
<b>27</b> OLLI offices closed (Memorial Day))	<b>28</b> <b>10-:00 am</b> Oil Painting for Beginners - Floral (SHLH)	29 11:00 AM Yoga IS Wellness (SHLH) 1:00 PM Astronomy in the Bible (SHLH)	<b>30</b> <b>10:00 AM</b> Geographic Observation with Drones (SHLH (class) / Agri Park (Demo))	31	

2024 Spring Classes O S H E R LIFELONG LEARNING INSTITUTE **June** in Calendar View TUESDAY WEDNESDAY MONDAY 3 4 5 11:00 AM Yoga IS Wellness 11:00 AM Yoga IS Wellness (SHLH) (SHLH) 10 11 12 11:00 AM Yoga IS Wellness 11:00 AM Yoga IS Wellness (SHLH) (SHLH) 17 18 19 11:00 AM Yoga IS Wellness 11:00 AM Yoga IS Wellness (SHLH) (SHLH)

## Special Interest Groups



Special Interest Groups (SIGs) offer opportunities for people to come together to discuss and explore a particular area of interest. Special Interest Groups are FREE to attend, coordinated by volunteers, and exclusively for current members (OLLI Membership Required). Current groups offering monthly meetings include the Current Events Discussion Group, Wine Enthusiast Group, OLLI for Coffee (featuring guest speakers), and China in the News Discussion Group.

We are eager to expand our Special Interest Group offerings and are currently seeking people interested in helping to establish and facilitate new groups. Examples of interest areas include hiking or walking, book club(s), photography, culinary/dining, events in history, games or propose your own idea. If you have interest in attending a SIG or helping establish a new one, call us at 479-575-4545 or email olli@uark.ed

**China in the News** - Ken Allen **OLLI for Coffee** - Karen Smenner **Current Events** - Elizabeth Woods OLLI U of A Partners



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hike becomes especially popular during the Fall to enjoy the contrasting colors of the changing leaves but this will be an opportunity to visit the area in early spring, before the trees leaf out, for unobstructed views.

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The trail is approximately a 3 mile round trip and will offer stunning views, especially this time of year. The trail is rocky, uneven and has a lot of elevation change, therefore is rated a **Level 5**, based on the OLLI Activity Levels.

Meeting information will be sent to all participants in their class reminder regardless of which option is chosen.

INSTRUCTOR: Josh Raney DAY/DATE: Wednesday, 2/28/24 (1) TIME: 9:00 AM - 4:30 PM FORMAT: In Person LOCATION: Ponca, AR COST: \$29.00 (CR) / \$40.00 (TR) OLLI Member \$44.00 (CR) / \$55.00 (TR) Non-OLLI Member

#### **GETTING TO KNOW GRIEF**

**DESCRIPTION:** In this comprehensive course, participants will gain an understanding and begin to learn how to navigate the complex terrain of grief. Alison Malone, a Grief Educator and Coach, will embark on a journey to "Getting to Know Grief," where the group will delve into the fundamental aspects of this deeply human experience. The group will explore the following key topics: What is Grief?; The Different Types of Grief; Phases of Grief; and Common Ways Grief Shows Up. Ms. Malone will lead the group in activities and exercises designed to foster a supportive and empathetic learning environment. By the end of this session, participants will not only have a firmer grasp of the concept of grief but also an increased awareness of its diverse expressions and the tools to navigate this complex emotional landscape.

Workbook/handouts will be provided.

INSTRUCTOR: Alison Nail-Malone DAY/DATE: Thursday, 2/29/24 (1) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: SHLH COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

#### **CREATE A TASTE OF ELEGANCE**

**DESCRIPTION:** From simple to simply elegant. Make your front door, kitchen, and your entire home uniquely you by learning the basics of wreath making in this hands-on work-

shop brought to you by Lindsey White, owner of BloomingGayle's Florist. Materials like grapevine with fun ribbons and silk flowers would make the perfect wreath, just in time for Easter. *All materials are provided in the class fee.* 

INSTRUCTOR: Lindsey White DAY/DATE: Friday, 3/1/24 (1) TIME: 1:00 PM - 2:30 PM FORMAT: In Person LOCATION: BGYL COST: \$69.00 OLLI Member \$84.00 Non-OLLI Member

#### NIXON RESIGNATION RECONSIDERED

**DESCRIPTION:** On the 50th anniversary of the resignation of President Richard M. Nixon, take a dive into why much of the nation may have been mistaken about what took place. The events, beginning with the break-in of the Democratic National Committee at the Watergate complex may seem familiar, but much of what is known could be wrong. Guided by the scholarship of Jim Hougan and other researchers, discover what happened during the time leading up to the so-called "burglary" and the events that followed, climaxing with Nixon's flight from the White House.

Seasoned instructor, filmmaker, and published author, John Powers, will bring to class participants an abundance of historical information and images to discuss.

INSTRUCTOR: John Powers DAY/DATE: Mondays, 3/4/24-3/25/24 (4) TIME: 10:00 AM - 11:30 AM FORMAT: Virtual LOCATION: Zoom COST: \$49.00 OLLI Member \$64.00 Non-OLLI Member

#### ARMCHAIR BIRDWATCHING: THE JOY OF BIRDING FROM HOME

**DESCRIPTION:** This course aims to empower participants to get the most joy out of birdwatching without having to leave the comfort of your own home. Lauren Eno, the Education Director for Wild Birds Unlimited, will examine topics such as low-maintenance bird feeding, finding a good pair of binoculars, and how to identify and keep track of the surprising diversity of birds that can be seen from your armchair, desk, or patio. It is designed for people of all knowledge levels.

**INSTRUCTOR:** Lauren Eno

DAY/DATE: Tuesday, 3/5/24 (1) TIME: 10:00 AM - 11:30 AM FORMAT: In Person LOCATION: SHLH COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

#### OZARK/ARKANSAS WRITERS BOOK CLUB

**DESCRIPTION:** Marilyn Heifner will lead class members as they explore Arkansas and the Ozarks through four well-written books by regional authors. Book Selections: March 6 - Brooks Blevins, *Up South in the Ozarks*; April 3 - Eli Cranor, *Ozark Dogs*; May 1 - Jerry Hogan, *Forgotten Fayetteville*; and June 5 - Molly Giles, *The Home for Unwed Husbands*.

Participants are responsible for obtaining their own copy of the books each month, and to have read the selection in time for a class discussion. (Recommended...Pearl's Books will give 20% off if you mention OLLI Book Club). This class is open to current members only.

INSTRUCTOR: Marilyn Heifner DAY/DATE: Wednesdays, 3/6/24-6/8/24 (4) TIME: 2:00 PM - 4:00 PM FORMAT: In Person LOCATION: SHLH COST: \$25.00 OLLI Member

#### **YOGA FOR HEALTHY AGING**

**DESCRIPTION:** There is a solution for improving the body changes that come with aging. Healthy aging requires one to systematically stretch and condition muscles that will protect the aging joints.

Vicky Willis, a certified Yoga instructor and OLLI's Yoga guru, will lead participants in the slow, exact movements practiced in Yoga that will enhance strength, eliminate joint stiffness, restore flexibility and range of motion, improve agility, and improve balance. These key areas - strength, flexibility, agility and balance - are the foundations of healthy living and living without the morning shuffle of pain and stiffness.

Suggested items for participants to bring to class include: blanket, blocks, yoga straps, and a yoga mat.

INSTRUCTOR: Vicky Willis DAY/DATE: Thursdays, 3/7/24-4/25/24 (8) TIME: 9:00 AM - 10:15 AM FORMAT: In Person LOCATION: SHLH COST: \$55.00 OLLI Member \$70.00 Non-OLLI Member

#### **LOCATION KEY** on page 16

#### ADDRESSING THE ISSUE OF FAYETTEVILLE'S HOMELESS-NESS & CAMPING

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**DESCRIPTION:** Come join us and learn about the Pick Me Up Litter Abatement and Bridge to Work Program. Pick Me Up is a City funded full circle approach to connecting with the underresourced community and helping to clean up our environment while connecting individuals with purpose and community.

Heather Ellzey, the Environmental Educator for the City of Fayetteville, will discuss the latest interventions & approaches, the projects completed, & future ideas in this casual open classroom setting.

This class includes lunch with that day's designated Pick Me Up team as they finish up the day, have access to showers, clean clothing, & lunch.

INSTRUCTOR: Heather Ellzey DAY/DATE: Thursday, 3/7/24 (1) TIME: 11:30 AM - 1:00 PM

FORMAT: In Person LOCATION: GC COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

## CAKE DECORATING FOR BEGINNERS

**DESCRIPTION:** Have fun decorating your own 8" round cake with Spring flowers frosting at Rick's Bakery in Fayetteville. A skilled baker will guide participants on how to create a piece of culinary artwork. Once done, take it home and impress your loved ones with your newly acguired skill.

The cost of all materials is included in class fees.

INSTRUCTOR: Chelsea Ecklund DAY/DATE: Saturday, 3/9/24 (1) TIME: 10:00 AM - 12:00 PM

FORMAT: In Person LOCATION: RBK COST: \$59.00 OLLI Member \$74.00 Non-OLLI Member

## THE LANDS & WATERS ON WHICH ALL LIFE DEPENDS

**DESCRIPTION:** Come hear about how The Nature Conservancy, the world's largest global environmental nonprofit is working to create a world where people and nature can thrive. Learn with Northwest Arkansas Director of The Nature Conservancy, Kim Dutton, how this sciencebased, partner-oriented work touches down in the Natural State and across the globe.

**INSTRUCTOR:** Kim Dutton **DAY/DATE:** Tuesday, 3/12/24 (1)

TIME: 10:00 AM - 11:30 AM FORMAT: In Person LOCATION: TNC COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

#### **CHASING WATERFALLS**

**DESCRIPTION:** Join the chase to see some amazing waterfalls that come to life in Arkansas during the Spring season. The Ozarks are filled with creek drainages and limestone bluffs, making it home to hundreds of waterfalls! This day outing will visit two very accessible waterfalls in the McIlroy State Game Management area in Madison County.

Travel to each waterfall by van and take a short walk from the road to see water falling over bluffs and cascading down rocks. Wear waterproof shoes, or bring an extra pair, because when chasing waterfalls, you may get your toes wet!

Transportation and meeting location information will be sent to participants in their class reminder. No commuters. **Activity Level: 3** 

INSTRUCTOR: Josh Raney DAY/DATE: Wednesday, 3/13/24 (1) TIME: 9:00 AM - 4:30 PM

FORMAT: In Person LOCATION: Huntsville, AR COST: \$39.00 OLLI Member \$54.00 Non-OLLI Member

#### WATERSHED MANAGEMENT PRACTICES FOR A GROWING ECONOMY

**DESCRIPTION:** Water resources management is increasingly challenging in a growing Northwest Arkansas. As the population reaches one million people by 2045, best management practices that support water quality, stormwater management, a growing economy, and quality of life in our region will become increasingly important. In this two-hour workshop, Leif Kindberg and Morgan Keeling along with the class, will look at the history, challenges, and best management practices for both municipalities and commercial and residential landowners to start tackling their water problems - including flooding and erosion - in NWA.

**INSTRUCTOR:** Leif Kindberg and Morgan Keeling **DAY/DATE:** Thursday, 3/14/24 (1)

TIME: 1:30 PM - 3:30 PM FORMAT: In Person LOCATION: SHLH COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

#### KNITTING STITCHES FOR SPRING AND SUMMER KNITTING

**DESCRIPTION:** What? Who knits in the warm weather? You, when you learn the stitches to make a breezy summer garment. Join Judith Tavano and master at least three summer-appropriate stitches. Judith believes knitting keeps the fingers and brain nimble. So, if you can knit and purl, this class will have you knitting and purling summer knits like a pro.

Please bring size 8 needles and at least one skein of yarn.

INSTRUCTOR: Judith Tavano DAY/DATE: Friday, 3/15/24 (1) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: SHLH COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### GRANDPARENTS RAISING GRANDCHILDREN

**DESCRIPTION:** Grandparents raising grandchildren is a non-traditional parenting style that is rising in today's world. Unfortunately, there are little to no resources for these grandparents navigating this new lifestyle. Tamie Gregg, a case manager for 19 years / a Grandparents Raising Grandchildren (GRG) case manager for 4 years with the Methodist Children's Home, will discuss challenges, relationships with adult children, how to navigate systems and resources, advocating for themselves and the child(ren) for support and self-care.

INSTRUCTOR: Tamie Gregg DAY/DATE: Monday, 3/18/24 (1) TIME: 1:00 PM - 3:00 PM FORMAT: In Person LOCATION: SHLH COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

#### THE 19TH CENTURY SOLDIER'S LIFE

**DESCRIPTION:** Dive into the Civil War through a reenactor, Jim Spillars, as he shares his vast knowledge on reenacting the Battle of Prairie Grove. Learn about uniforms, rifle muskets, Minie balls, powder, and percussion caps! Mr. Spillars will delve into the life and experiences of a Civil War soldier and share this history, with a tour, of the Prairie Grove Battlefield State Park where the real battle and an every-other year reenactment occur.

**INSTRUCTOR:** Jim Spillars

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DAY/DATE: Tuesday, 3/19/24 (1) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: PGBP COST: \$35.00 OLLI Member \$50.00 Non-OLLI Member

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#### STORIES & SECRETS-GILDED AGE: THE TRIUMVIRATE-THE GRAND DAMES

**DESCRIPTION:** The Gilded Age was a time of sweeping change that included unprecedented technological innovations, rapid industrialization, mass immigration and opulent wealth (for some.) This era is associated with political corruption and labor exploitation. With all of this combined, it is a fascinating time.

Join Gilded Age Authors, Nancy Markey and Kay Adams as they explore the lives of the 'Grand Dames' of the Gilded Age. Astor, Rockefeller, and Belmont are a few names that are still recognizable today when speaking of the robber barons of the Gilded Age. But it was the women of these families who used their wealth & prestige to create an American culture that dominated society and still leaves socialites of today in awe. Find out who these ladies were and all that they created.

This class is part of the Gilded Age series but each class is considered a stand-alone. This class is being brought to you in a hybrid setting (in-person and via zoom.)

**INSTRUCTOR:** Kay Adams and Nancy Markey

DAY/DATE: Wednesday, 3/20/24 (1) TIME: 2:00 PM - 3:30 PM FORMAT: Hybrid LOCATION: SHLH & Zoom COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

## CONSERVATION - A RECENT ACTIVITY?

**DESCRIPTION:** Conservation is a relatively new idea for western civilization although traditional cultures have practiced it for millennia. Dr. Malcolm Cleaveland will explore with the participants why western cultures have recently embraced the idea and why it has become necessary.

INSTRUCTOR: Dr. Malcolm Cleaveland DAY/DATE: Monday, 3/25/24 (1) TIME: 1:30 PM - 3:30 PM FORMAT: In Person LOCATION: BTV COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

#### **CLINTON HOUSE MUSEUM**

**DESCRIPTION:** Participants will be provided a private tour of the Clinton House Museum that interprets the lives of President Bill Clinton and Secretary of State Hillary Rodham Clinton during the time they lived in Fayetteville and taught at the University of Arkansas Law School. The Museum promotes the legacy of the Clintons' commitment to public service and civic engagement for international, national, and local visitors as well as preserves the historic home and its role in local and state history.

UA Professor Emeritus of Communication, Stephen Smith, along with Marilyn Heifner, will lead a discussion that will include the history of the 1931 Tudor Revival house and those who lived there, the social life and political activity during the Clinton years, vintage Arkansas political advertising, and the creation of the Museum and Gardens as a heritage tourism site, as well as guided tours of the home and gardens.

**INSTRUCTOR:** Stephen Smith and Marilyn Heifner

DAY/DATE: Tuesday, 3/26/24 (1) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: CLH

COST: \$29.00 OLLI Member \$44.00 Non-OLLI Member

#### EXPLORING ENERGY EFFICIENCY WITH OZARKS ELECTRIC COOPERATIVE

**DESCRIPTION:** Are you interested in learning no-cost or low-cost energy saving tips to use at home? Are you curious if an all-electric vehicle might be a good choice for your next automobile purchase? If you're thinking about going solar at home, do you have all the information you need to make the best decision?

Ozarks Electric has been a trusted power source in Northwest Arkansas and Northeast Oklahoma for more than 85 years. Join Director of Energy Services, Kris Williams and Manager of Energy Services, Todd Clouse to discuss ways to be more energy efficient at home, learn about the future of electric vehicles and get your residential solar questions answered.

INSTRUCTOR: Kris Williams and Todd Clouse DAY/DATE: Tuesday, 3/26/24 (1) TIME: 1:00 PM - 2:30 PM FORMAT: In Person LOCATION: SHLH COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

#### **PICKLEBALL FOR BEGINNERS**

**DESCRIPTION:** Come join us at the Jones Center for Pickleball, one of America's fastest growing sports with close to five million participants. It is a fun and easy to learn sport that doesn't require great racquet skills or conditioning. We'll have four consecutive weekly sessions of 1.5 hours each, taught by an experienced Pickleball coach, Scott Bartlett. All the equipment and courts will be provided. Class space is limited to eight so Scott can provide the maximum amount of instruction with each participant. Classes will not meet on 4/2/24.

This class is open to current OLLI members only.

INSTRUCTOR: Scott Bartlett DAY/DATE: Tuesdays, 3/26/24-4/23/24 (4) TIME: 2:30 PM - 4:00 PM FORMAT: In Person LOCATION: JCF COST: \$85.00 OLLI Member

#### CHASING WATERFALLS -KINGS RIVER FALLS

**DESCRIPTION:** Arkansas is home to hundreds of natural flowing waterfalls that come to life during the wet seasons. Flowing over tall bluffs and grottos, they provide some of the most unique and beautiful sights in the state. On this outing, hikers will explore the Kings River Falls Natural Area. It includes 3 miles of the Kings River and a hiking trail that ends at the main attraction, a waterfall spanning the width of the river.

The hike is approximately 2 miles in total and offers cascading water, wildflowers, overhanging bluffs and the cool mist from the falls. This trail is rated easy/moderate, but could be wet in places. Waterproof shoes or an extra pair of socks are recommended.

Transportation and meeting location information will be sent to participants in their class reminder. **Activity Level 4.** 

**INSTRUCTOR:** Josh Raney

DAY/DATE: Wednesday, 3/27/24 (1) TIME: 9:00 AM - 4:30 PM FORMAT: In Person LOCATION: Kings River Falls Natural Area COST: \$25.00 (CR) / \$40.00 (TR) OLLI Member \$40.00 (CR) / \$55.00 (TR) Non-OLLI Member

#### **SAFETY & AWARENESS**

**DESCRIPTION:** Safety & Awareness is not a self-defense or firearm class. It is a seminar that will help you develop and improve your personal safety strategies before you need them. Crimi-

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#### **Class Details**

nals are looking for vulnerable and easy targets. This class provides valuable information you can apply in every area of your life from home, banks, online, travel, vehicles, to even understanding the psychology of a criminal. Tamie Greg, a former US Navy Veteran and NRA Instructor for Refuse to be a Victim curriculum will provide tips and techniques that will help you be alert and avoid criminal confrontations.

#### **INSTRUCTOR:** Tamie Gregg

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DAY/DATE: Fridays, 3/29/24-4/12/24 (3) TIME: 9:30 AM - 11:30 AM FORMAT: In Person LOCATION: SHLH COST: \$55.00 OLLI Member \$70.00 Non-OLLI Member

#### **ARKANSAS IN THE CIVIL WAR**

**DESCRIPTION:** Plunge into the chaos of Arkansas' Civil War experience. Dr. Georgena Duncan, retired history professor, will lead the class through the Secession, battles at Pea Ridge and Prairie Grove, and then the slow, sure Union occupation of Little Rock, Fort Smith and the Arkansas River Valley. Focus will center on how this led northern Arkansas and the River Valley to destruction by guerillas, and Confederate operations still proceeding in southern Arkansas. Participants will see what a major impact the war had on population and economic development for the state.

INSTRUCTOR: Dr. Georgena Duncan DAY/DATE: Mondays, 4/1/24-4/22/24 (4) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: SHLH COST: \$29.00 OLLI Member \$44.00 Non-OLLI Member

## MINDFUL MOVEMENT: THE KEY TO WELLNESS

**DESCRIPTION:** "Breath is Life, Movement is Life." Data and experience suggests an increased focus, energy, self-awareness, and overall happiness while regularly practicing Mindful Movement. This class introduces several systems of mindful movement and how to integrate these practices into your daily lives to obtain a greater sense of personal empowerment and balance.

Ed Mink will bring his 35 years of experience as a wellness educator to this interactive class. The holistic lifestyle of Yoga will serve as the foundation for the series and also the connecting thread as we explore Pilates, Boxing and Shinrin Yoku (forest bathing). This engaging, interactive and experiential weekly class will be somewhat flowing in focus, incorporating a blend of soft and dynamic movements designed to improve balance and coordination while enhancing personal wellness.

Suggested items for participants: Yoga mat, boxing hand wrap or gloves.

**INSTRUCTOR:** Ed Mink **DAY/DATE:** Mondays, 4/1/24-5/20/24 (8) **TIME:** 1:00 PM - 2:30 PM **FORMAT:** In Person

LOCATION: SHLH COST: \$59.00 OLLI Member \$74.00 Non-OLLI Member

#### **SUPPLY CHAIN ISSUES**

**DESCRIPTION:** In this course, Kara Patterson, a UA instructor in the Supply Chain Management degree program, will discuss the basic functions of a supply chain and explore current trends and key risks that disrupt our modern supply chains.

INSTRUCTOR: Kara Paterson DAY/DATE: Tuesday, 4/2/24 (1) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: SHLH COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

#### **SCHOOL OF ART TOUR**

**DESCRIPTION:** Join Donna Jones, Director of Recruitment and Outreach at the University of Arkansas School of Art, for a tour of the studios, classrooms, and workshops within the Studio & Design Center, the new 154,000+ square foot facility at MLK Jr. Blvd and Hill Ave. in Fayette-ville, that opened in Spring 2023. The event will include a presentation on the new center, programs and growth at the UA School of Art and more!

Participants will hear from a representative who will join the tour to share the opportunities and collaborations between OLLI and the School of Art. Light refreshments will be available.

Meeting location and directions will be sent to participants in their class reminder.

INSTRUCTOR: Donna Jones DAY/DATE: Wednesday, 4/3/24 (1) TIME: 5:00 PM - 6:30 PM

FORMAT: In Person

LOCATION: SDC

**COST:** \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### BRIGHTWATER CULINARY TOUR / 8TH STREET MARKET

**DESCRIPTION:** Here is a great opportunity to tour Brightwater: A Center for the Study of

Food, which is part of NWACC and offers a variety of 2 year degrees in the culinary arts. Prior to the afternoon tour, we will visit the 8th Street Market which is in the same facility as Brightwater in Bentonville. There are several interesting shops including one for artisanal cheese, a ramen shop, and a chocolatier. We will be on our own for lunch with several choices available. The tour of Brightwater will follow lunch and will last approximately 1.5 hours.

This tour is open to current OLLI members only.

INSTRUCTOR: Cydnee Snodgrass DAY/DATE: Thursday, 4/4/24 (1) TIME: 9:30 AM - 3:30 PM (Tour 1:00 PM - 2:30 PM) FORMAT: In Person LOCATION: BWTR COST: \$29.00 (CR) / \$49.00 (TR) OLLI Member

THE U.S. AND THE HOLOCAUST

**DESCRIPTION:** The U.S. and the Holocaust examines America's response to one of the greatest humanitarian crisis of the twentieth century. Americans consider themselves a "nation of immigrants", but as the catastrophe of the Holocaust unfolded in Europe, the United States proved unwilling to open its doors to more than a fraction of the hundreds of thousands of desperate people seeking refuge.

In this discussion, Katlyn Rozovics, a doctoral student in History, with a focus on modern Germany, examines how this happened and how to prevent its reoccurrence in light of increasing prejudice and violence against current racial and religious minorities.

INSTRUCTOR: Katlyn Rozovics DAY/DATE: Thursday, 4/4/24 (1) TIME: 11:00 AM - 1:00 PM FORMAT: In Person LOCATION: SHLH COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### A TOTAL ECLIPSE OF A HIKE

**DESCRIPTION:** Catch the last total solar eclipse to hit the U.S. for the next two decades in unique fashion. Join OLLI director, and volunteer hiking guide, on this trip to the Buffalo National River which lies within the path of totality. A short hike along the Buffalo River Trail will end at the Steel Creek Campground where the group will enjoy lunch and the view of the eclipse from the large fields below Roark Bluff.

Solar Eclipse viewing glasses will be provided to participants of the class and are included in the fee.

Transportation and meeting location information will be sent to participants in their

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class reminder. No commuters. TR only. Activity Level: 3

INSTRUCTOR: Josh Raney DAY/DATE: Monday, 4/8/24 (1) TIME: 9:00 AM - 4:30 PM

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FORMAT: In Person LOCATION: Jasper, AR COST: \$45.00 OLLI Member \$60.00 Non-OLLI Member

#### NATIVE PLANTS: GROWING AND USING THEM IN URBAN LANDSCAPES

**DESCRIPTION:** From beginning gardeners to seasoned horticulturalists, we will learn how the choices we make can help preserve the diversity in our yards, parks, and public spaces using native plants. These choices can be tailored to support wildlife, including butterflies, moths, native bees, honeybees, hummingbirds, squirrels, and deer.

Dr. Don Steinkraus and Dr. Rose Gergerich, both emeritus professors from the Department of Entomology and Plant Pathology at the University of Arkansas, will discuss the importance and usefulness of native plants in effectively developing attractive urban landscapes.

We will learn about growing native plants from seeds, cleaning and storing seeds, and treatment of seeds prior to planting. Discover which plants grow well in shade, partial shade, and full sun; moist, dry, and rocky areas of Northwest Arkansas, from low ground covers, grasses, flowering perennials, shrubs, and trees. You will leave with a renewed appreciation for what you grow and its impact on our ecosystem.

**INSTRUCTOR:** Dr. Don Steinkraus

and Dr. Rose Gergerich DAY/DATE: Wednesday, 4/10/24 (1) TIME: 1:30 PM - 3:30 PM FORMAT: In Person LOCATION: SHLH COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

#### ICONOGRAPHY: SACRED ART OF THE CHRISTIAN EAST

**DESCRIPTION:** Icons have been an integral part of the Christian faith throughout its history, embodying the divine and creating a connection between the physical and spiritual worlds. Through their sacred artistry and symbolism, icons are powerful tools of devotion and meditation for the faithful. We will explore the theology of Eastern iconography (in which all Christian sacred art has its roots).

Hosted at St. Nicholas Orthodox Church

(1317 S. 48th St., Springdale / www.stnicholasar.org) and led by Fr. Paul Fuller, our class will view the icons present in the church building, as well as digital images of iconography from some of the most beautiful churches across the world, both ancient and modern.

INSTRUCTOR: Fr. Paul Fuller DAY/DATE: Thursday, 4/11/24 (1) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: SNOC COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

## POLITICAL MESSAGING IN THE U.S.

**DESCRIPTION:** Why is everyone yelling at each other? Is it anger, unrest, or a carefully planned approach to getting out a political message? Join instructors John Timinsky and Hugh Earnest as they explore the complex world of political messaging in today's news. Delve into an extensive list of organizations using their mission statement/articles of incorporation to introduce a candidate or to suggest a methodology to better manage our approach to governance. Find out who is doing this and why, what works, and how much influence they have. These methods will be analyzed in a discussion format to provide insight into how today's issues are packaged to steer public opinion and awareness.

**INSTRUCTOR:** John Timinsky and Hugh Earnest

DAY/DATE: Thursday, 4/11/24 (1) TIME: 1:30 PM - 3:00 PM FORMAT: In Person LOCATION: BTV COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

#### WALTZ OF THE WILDFLOWERS: SPRING WILDFLOWER HIKE AT OZARK NATURAL SCIENCE CENTER

**DESCRIPTION:** Come out to Ozark Natural Science Center (ONSC) for our Spring Wildflower Hike! The spring ephemerals will be emerging, so don't miss a chance to go out on a wildflower tour led by our Program Manager, Liz Hill, and Teacher Naturalist staff. Along with providing magnificent photo opportunities, the Wildflower Hike will help you learn to identify some of our native Ozark flowers, as well as some fun facts about various flowers' edibility and historical medicinal uses.

The hike is approximately 1-1.5 miles long,

primarily along the beautiful Bear Hollow Creek, and includes some moderate elevation change over uneven, rocky terrain. Participants are asked to wear appropriate hiking clothing: long pants and closed-toed shoes, and bring a reusable water bottle and a snack. Cost includes admission fee of \$15 pp.

Hike time: 9:30 AM - 12:30 PM. Add one hour for travel time (as listed). Transportation, meeting location and directions will be sent to participants in their class reminder. **Activity Level: 3** 

INSTRUCTOR: Liz Hill DAY/DATE: Tuesday, 4/16/24 (1) TIME: 8:15 AM - 1:30 PM FORMAT: In Person LOCATION: ONSC COST: \$39.00 (CR) / \$55.00 (TR) OLLI Member \$54.00 (CR) / \$70.00 (TR) Non-OLLI Member

#### **GEOLOGY OF ARKANSAS**

**DESCRIPTION:** Geology is all around us. Have you ever been driving across the state and wondered why sometimes you see rock layers that appear to be flat lying (Down I-49 south of Fayetteville) and other times you see rock layers tilted up at high angles (around Hot Springs)? How did diamonds come to be in Arkansas? How did our state come to look this way?

With Dr. Mac McGilvery, an adjunct professor of Geology at the UA, discover the five physiographic provinces that make up Arkansas. Our geology dates back to early Paleozoic (~470 m.y.a.) with some formations as young as the recent. Learn how this combination of bedrock types and tectonic history has had a significant impact on the cultural and economic development of our state while you develop a deeper appreciation for this observation.

INSTRUCTOR: T. A. (Mac) McGilvery DAY/DATE: Wednesdays, 4/17/24-4/24/24 (2) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: SHLH COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### YOU, TOO, CAN TAKE BETTER DIGITAL PHOTOGRAPHS!

**DESCRIPTION:** Learn the basics of digital photography from a 30-year NWA photojournalist. From smart phones to digital SLRs, JT Wampler will share the techniques and tricks to getting better images.

Participants are asked to bring their own digi-

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#### **LOCATION KEY** on page 16

INSTRUCTOR: JT Wampler DAY/DATE: Wednesdays, 4/17/24-5/15/24 (5) TIME: 10:00 AM - 11:00 AM FORMAT: In Person LOCATION: SHLH COST: \$29.00 OLLI Member \$44.00 Non-OLLI Member

## THE BOB DYLAN & WOODY GUTHRIE MUSEUM TOURS

**DESCRIPTION:** "Blowin' in the Wind" The Bob Dylan Center, designed by Olson Kundig, exhibits 70 years of handwritten lyric manuscripts to some of the world's most treasured songs, unreleased recordings, never-before-seen film performances, rare and unseen photos, visual art and other priceless items spanning Dylan's career as one of the world's most influential cultural figures.

"This Land is Your Land" Bob Dylan said "You could listen to Woody Guthrie songs and actually learn how to live." A short walk from Dylan's museum is the Woody Guthrie Center. It is dedicated to preserving his body of work and celebrating his life and the continuation of his legacy. The facility provides resources to students, teachers and academics about Woody's role in American history, his advocacy for social justice.

Meeting location and directions will be sent to participants in their class reminder regardless of what option is chosen. Cost of admission to both museums is included in the class fee. Lunch is on your own.

This class is open to current OLLI members only.

INSTRUCTOR: Doug Talbott DAY/DATE: Thursday, 4/18/24 (1) TIME: 8:30 AM - 4:30 PM FORMAT: In Person LOCATION: Tulsa COST: \$45.00 (CR) / \$59.00 (TR) OLLI Member

#### HIKE THE OZARK NATIONAL FOREST - COVE CREEK

**DESCRIPTION:** Get out and join Lloyd Keck and OLLI for a day of exploring the Ozark National Forest while it rejuvenates during the Spring season. This 2.5 mile hike is in a remote area of the national forest, approx. 45 minutes south of Fayetteville. Learn about local plant life, wildlife and history on the moderately challenging hike to Cove Creek.

The hike has some slight elevation changes. Transportation and meeting location information will be sent to participants in their class reminder. Activity Level: 4

INSTRUCTOR: Lloyd Keck DAY/DATE: Friday, 4/19/24 (1) TIME: 9:00 AM - 4:30 PM FORMAT: In Person LOCATION: ONF

COST: \$29.00 (CR) / \$40.00 (TR) OLLI Member \$44.00 (CR) / \$55.00 (TR) Non-OLLI Member

## MAKING WAVES AT THE BLUE ZOO

**DESCRIPTION:** Encounter the creatures of the sea in our own backyard. The Blue Zoo, located in Rogers, is the first aquarium to make its way to NWA. This interactive aquarium has something for guests of all ages; from fish petting, bird feeding, reptile exhibits to the interactive education centers. Come explore the shores of Roger's Blue Zoo and experience the aquatic life.

Meeting location and directions will be sent to participants in their class reminder. Cost of admission to the aquarium is included in the class fee.

Travel time is stated / tour time is 11:00 am - 1:00 pm

INSTRUCTOR: Docent DAY/DATE: Tuesday, 4/23/24 (1) TIME: 10:00 AM - 2:00 PM FORMAT: In Person LOCATION: BLZ COST: \$35.00 OLLI Member \$50.00 Non-OLLI Member

#### **ON THE FARM**

**DESCRIPTION:** Just in time for Earth Day, let's visit a farm. Have you ever wondered what goes on at "The Farm" just north of the University of Arkansas campus? The 725 acre Milo J. Shult Agricultural Research and Extension Center (SAREC) is the main research station for the University of Arkansas System Division of Agriculture and involves all Division research disciplines in the areas of animal science, poultry science, food science, insect pests and plant diseases, crops, oil and water resources, biological and agricultural engineering and agri-science and technology.

More than 250 people are employed and work in the many complex areas. Come and hear the faculty and get insights into some novel and very important research being conducted here. Seeing this functioning UA campus farm will help answer all of those questions about what goes on at "The Farm." This tour will be conducted inside as well as outside. Participants are asked to dress for the weather.

INSTRUCTOR: Dr. Vaughn Skinner DAY/DATE: Tuesday, 4/23/24 (1) TIME: 1:00 PM - 4:00 PM

FORMAT: In Person LOCATION: UA Farm COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### STORIES & SECRETS-GILDED AGE: I COULD HAVE KILLED HIM TWICE

**DESCRIPTION:** The Gilded Age was a time of sweeping change that included unprecedented technological innovations, rapid industrialization, mass immigration and opulent wealth (for some.) This era is associated with political corruption and labor exploitation. With all of this combined, it is a fascinating time.

Join Gilded Age Authors, Nancy Markey and Kay Adams as they explore a tale of seduction, betrayal, and revenge. In her words, "I could have killed him twice." Discover what led Annie Cutler to kill her lover, Henry Knight on April 22nd, 1885.

This class is part of the Gilded Age series but each class is considered a stand-alone. This class is being brought to you in a hybrid setting (in-person and via zoom.)

INSTRUCTOR: Kay Adams and Nancy Markey DAY/DATE: Wednesday, 4/24/24 (1) TIME: 2:00 PM - 3:30 PM FORMAT: Hybrid LOCATION: SHLH & Zoom COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### CONNECT NWA: A TRANSIT PLAN

**DESCRIPTION:** "Connect Northwest Arkansas" is the 10-Year Transit Development Plan for Northwest Arkansas. Developed by the Northwest Arkansas Regional Planning Commission (NWARPC) the plan serves as a blueprint for improving and expanding transit in the region. Tim Reavis, Multimodal Transportation Planner for the NWARPC, will present the details of the plan and discuss why transit matters, what is needed for effective transit, and how local jurisdictions can support it. Participants will learn about the future of public transit in the region and what the NWARPC, Ozark Regional Transit, and Razorback Transit are doing to prepare.

**INSTRUCTOR:** Tim Reavis

DAY/DATE: Thursday, 4/25/24 (1) TIME: 1:00 PM - 3:00 PM FORMAT: In Person LOCATION: SHLH COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

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## IS PUBLIC RADIO STILL ALIVE AND WELL...AND NEEDED?

**DESCRIPTION:** With the continued changes in news coverage and consumption in this country, from print media to social media feeds, You-Tube videos, and tweets - what is the future for public radio? KUAF General Manager, Leah Wood and News Director, Kyle Kellams, will explore the ways in which public radio is positioned to help fill the gap of local journalism with the decline of hometown newspapers.

Learn how public radio is transforming media in becoming a leader for inclusion, diversity, accessibility, and in amplifying voices and lived experiences that public radio has historically excluded. Discover how public radio is on the forefront of media in the 21st century and how it's changing the narrative about who is a public radio listener and how this news source can lead the way in reflecting our communities in the 21st century.

INSTRUCTOR: Leigh Wood and Kyle Kellams DAY/DATE: Tuesday, 4/30/24 (1) TIME: 2:30 PM - 4:00 PM

FORMAT: In Person LOCATION: KUAF COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### VISIT ONE OF THE MOST HAUNTED PLACES IN THE OZARKS

**DESCRIPTION:** Have you ever wanted to wander through a haunted historic castle, complete with a dungeon and prisoner-of-war cells? Join world traveler Doug Talbott, a retired University of Arkansas Academic Advisor, for a tour of the Pythian Home of Missouri. The Pythian Castle in Springfield, Missouri was built in 1913 by the Knights of Pythias. Learn about the history of the Knights and hear tales of the famous visitors to the castle before the military takeover during WWII, when it was used to house German and Italian prisoners-of-war. Find out why it is a popular stop for ghost hunters and paranormal investigators. Study the beauty of the architecture, including the ballroom, the tower room, and the gargoyles watching over the grounds. The castle was listed on the U.S. register of Historic Places on October 7, 2009, and today it is privately owned (although the laundry room is still owned by the U.S. Army).

Meeting location and directions will be sent to participants in their class reminder regardless of what option is chosen. Cost of admission to the museum is included in the class fee. Lunch is on your own.

INSTRUCTOR: Doug Talbott DAY/DATE: Tuesday, 4/30/24 (1) TIME: 8:30 AM - 5:00 PM FORMAT: In Person LOCATION: PYC COST: \$39.00 (CR) / \$65.00 (TR) OLLI Member \$54.00 (CR) / \$80.00 (TR) Non-OLLI Member

#### TYSON ART TOUR (5/2)

**DESCRIPTION:** A rare private art tour awaits participants at Tyson Foods, Inc. Headquarters in Springdale. Tyson's eclectic collection covers a range from Western art and Arkansas artists to 20th century 'Pop' and includes works by Ansel Adams, Andy Warhol, Thomas Hart Benton, Donald Harington, George Dombek, Roy Lichtenstein, Wayne Theibaud and many others. Taking us back to the beginnings of Tyson's corporate history, our visit will include a tour of the Founder's Room. The Tyson Art collection is not open for public viewing, which makes this class offering a special treat.

This tour is open to current OLLI members only. (Tour will be approx. 1.5 hours -10:00 AM - 11:30 AM / travel time included in program time.) *Transportation Only-NO commuters*. Participants will meet at the OLLI office to ride van to the location.

**INSTRUCTOR:** Archie Shaffer and Heather Chilson

DAY/DATE: Thursday, 5/2/24 (1) TIME: 9:00 AM - 12:00 PM FORMAT: In Person LOCATION: TYH COST: \$49.00 OLLI Member

## THE EARLY HIKER SPOTS THE BIRD!

**DESCRIPTION:** Join ONSC for a spring birding hike in anticipation of World Migratory Bird Day! Whether you are a birding beginner or have years of experience, we would love to have you out to our campus in the Bear Hollow Natural Area to look for some of the beautiful birds as they return to our region. This hike will go through a variety of habitats on our Boti trail, including patches of Ozark glades, oak hickory forest, and mixed oak pine forests, and it has one of the very best overlook views at ONSC!

The hike will be approximately 1-1.5 miles, and there is moderate elevation change over

some uneven, rocky terrain. Bring your own binoculars or borrow some of ONSC's to try to spot the birds coming through and to the Ozarks. Please wear appropriate hiking clothing: long pants and closed-toe-shoes, bring a reusable water bottle and a snack. Cost includes admission fee of \$15 pp.

Tour time is 9:30 - 12:30 / Add one hour for travel time. Transportation, meeting location and directions will be sent to participants in their class reminder regardless of which option they choose. **Activity Level: 3** 

INSTRUCTOR: Liz Hill DAY/DATE: Friday, 5/3/24 (1) TIME: 8:15 AM - 2:30 PM FORMAT: In Person LOCATION: ONSC COST: \$35.00 (CR) / \$55.00 (TR) OLLI Member \$50.00 (CR) / \$70.00 (TR) Non-OLLI Member

#### ROUTE 66-AMERICA'S MAIN STREET

**DESCRIPTION:** U.S. Highway 66 officially came into existence on November 11, 1926 as part of a nationwide network of highways for the automobile age. Originating in Chicago, Route 66 runs through eight states before ending in Santa Monica, California. The highway became one of the most famous roads in the U.S. with many references in popular culture and the ability to spur economic growth along its path.

But how did Route 66 become a pop culture icon? What caused the highway to fade from popularity as a travel route before a more recent revival? Michelle Place, retired Executive Director of Tulsa's Historical Society, will share answers to these and other questions about this famous path.

INSTRUCTOR: S. Michelle Place DAY/DATE: Tuesdays, 5/7/24-5/14/24 (2) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: SHLH COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### WOMEN IN SCIENCE DESPITE OBSTACLES

**DESCRIPTION:** Women's ability to contribute to science has been devalued for centuries and in many places they were denied education. Nevertheless, they did contribute to scientific progress. Now many of the barriers have been removed but they can still face misogyny and an unwelcoming workplace. Dr. Malcolm Cleaveland will examine some of the prime examples,

such as Marie Curie (radioactive elements), Rosalind Franklin (structure of DNA) and Annie Cannon (stellar classification). Participants will see how our society has evolved, as today, women can lead NASA teams on the frontiers of science and conduct groundbreaking research.

INSTRUCTOR: Dr. Malcolm Cleaveland DAY/DATE: Tuesdays, 5/7/24-5/21/24 (3) TIME: 1:30 PM - 3:30 PM

FORMAT: In Person LOCATION: SHLH COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

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#### A NOVEL APPROACH TO WAR AGAINST INNOCENT CIVILIANS IN AFRICA

**DESCRIPTION:** This course involves reading and discussing a novel -- *All Eyes on the Sky.* -about life and death in the Nuba Mountains of Sudan. The author of the novel, Dr. Samuel Totten, Professor Emeritus, University of Arkansas, Fayetteville, based the story on his experiences and observations in the war-torn Nuba Mountains.

The class will be comprised of a short lecture on the ongoing crisis in Sudan, a group discussion of the novel, including commentary about why and how Totten wrote it, along with personal stories of his time in the Nuba Mountains during which he illegally crossed into Sudan in order to truck food to those in most desperate need. Participants are responsible for obtaining their

Participants are responsible for obtaining their own copy of the novel: *All Eyes on the Sky* (\$14.95 at Amazon.com)

INSTRUCTOR: Dr. Samuel Totten DAY/DATE: Wednesdays, 5/8/24-5/22/24 (3) TIME: 1:00 PM - 3:00 PM FORMAT: In Person LOCATION: SHLH

COST: \$39.00 OLLI Member \$54.00 Non-OLLI Member

## WHAT MAKES SPIRO MOUNDS SO SPECIAL?

**DESCRIPTION:** The Spiro Mounds are located west of Fort Smith close to the Arkansas River. Over a dozen earthen mounds were built at the site and were used from approximately 900 AD to 1450 AD. Spiro served as an important locus for mortuary rituals. Excavations have uncovered evidence of communication and trade from distant sites in the country.

A site visit is scheduled on May 9 following a detailed discussion about the site led by researchers, Dr. Alex Barker and Dr. Jami Lockhart, from the Arkansas Archeological Survey. Transportation from the Arkansas Archeology Office at 2475 N Hatch Avenue will be provided. All participants will meet at the AR Archeology Survey Bldg regardless of which option is chosen. Lunch will be on your own.

**INSTRUCTOR:** Dr. Alex Barker and Dr. Jami Lockhart

DAY/DATE: Thursday, 5/9/24 (1) TIME: 9:00 AM - 3:00 PM FORMAT: In Person LOCATION: ARAS COST: \$25.00 (CR) / \$39.00 (TR) OLLI Member \$40.00 (CR) / \$54.00 (TR)

Non-OLLI Member

#### LOOKING IN ON PRESIDENTIAL LIBRARIES

**DESCRIPTION:** How many Presidential Libraries have you visited? Here is a chance to be guided through three Presidential Libraries. In two sessions you will have a video tour of the William J. Clinton Library in Little Rock, Arkansas, the Dwight David Eisenhower Library in Abilene, Kansas, and the Harry S. Truman Library in Independence, Missouri. In addition to the video tour there will be a live Question and Answer session with all three of the Library Directors.

The zoom link will be sent to registered participants in their class reminder.

INSTRUCTOR: Jay Barth DAY/DATE: Thursday, 5/9/24 – 5/16/24 (2) TIME: 1:30 PM - 3:30 PM FORMAT: Virtual LOCATION: Zoom COST: \$29.00 OLLI Member \$44.00 Non-OLLI Member

#### ALL ABOUT MONARCHS -ECOLOGY AND MIGRATION

**DESCRIPTION:** Join Kitty Sanders, Butterfly Mentor at the Botanical Gardens of the Ozarks, for an investigation into the fascinating life of the monarch butterfly. The monarch migration is a scientific marvel. Special emphasis will be placed on the spring and fall migrations, but we will also discuss monarch ecology, monarch decline, and what community members can do to help improve conditions for monarchs.

INSTRUCTOR: Kitty Sanders DAY/DATE: Friday, 5/10/24 (1) TIME: 1:00 PM - 3:30 PM FORMAT: In Person LOCATION: BGO COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### HISTORICAL CIVIL RIGHTS TOUR OF UA CAMPUS

**DESCRIPTION:** The earliest cracks in the wall of American segregation occurred on the University of Arkansas campus. Charlie Alison, Executive Editor, University Relations, will lead this walking tour of the campus and share the story of the early students who sought admission to the university and began the civil rights era in America and the South.

INSTRUCTOR: Charles Alison DAY/DATE: Monday, 5/13/24 (1) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: TBD COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

#### TYSON ART TOUR (5/16)

**DESCRIPTION:** A rare private art tour awaits participants at Tyson Foods, Inc. Headquarters in Springdale. Tyson's eclectic collection covers a range from Western art and Arkansas artists to 20th century 'Pop' and includes works by Ansel Adams, Andy Warhol, Thomas Hart Benton, Donald Harington, George Dombek, Roy Lichtenstein, Wayne Theibaud and many others. Taking us back to the beginnings of Tyson's corporate history, our visit will include a tour of the Founder's Room. The Tyson Art collection is not open for public viewing, which makes this class offering a special treat.

**This tour is open to current OLLI members only.** (Tour will be approx. 1.5 hours -10:00 AM - 11:30 AM / travel time included in program time.) *Transportation Only-NO commuters*. Participants will meet at the OLLI office to ride van to the location.

**INSTRUCTOR:** Archie Shaffer and Heather Chilson

DAY/DATE: Thursday, 5/16/24 (1) TIME: 9:00 AM - 12:00 PM FORMAT: In Person LOCATION: TYH COST: \$49.00 OLLI Member

#### UNIVERSITY OF ARKANSAS MUSEUM TOUR

**DESCRIPTION:** The University of Arkansas Museum traces its beginnings to an early geology teaching collection in the 1870s. From a modest beginning, the collections have since grown to include millions of objects encapsulating the fields of anthropology, history, geology, and zoology.

Join the Museum's curators on a behind-thescenes tour of the collections! Whether you are a museum lover in general or like rocks, fossils, animals, or history more specifically, there will be

something for everyone to enjoy. Wear comfortable walking shoes and get ready to explore! **Activity Level: 2** 

INSTRUCTOR: Laurel Lamb DAY/DATE: Friday, 5/17/24 (1) TIME: 10:00 AM - 12:00 PM FORMAT: In Person LOCATION: UAM COST: \$19.00 OLLI Member \$34.00 Non-OLLI Member

O S H E R LIFELONG LEARNING

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#### OIL PAINTING FOR BEGINNERS - FLORAL

**DESCRIPTION:** Helen Eaton, artist of 17 years and former educator, will offer her 7th fun workshop on the basics of oil painting. This workshop will take beginners through the process of oil painting from a blank canvas to a finished work of art. It's designed to be a hands-on workshop where the learning and the applying will happen together. Photographs, teacher models, and demonstrations of varied techniques will be used as resources, while individual attention and lots of encouragement will be offered.

All materials (canvas, paint, brushes, palette, medium, etc.) will be provided with the cost of the class.

INSTRUCTOR: Helen Eaton DAY/DATE: Tuesdays, 5/21/24-5/28/24 (2) TIME: 10:00 AM - 12:00 PM

FORMAT: In Person LOCATION: SHLH COST: \$39.00 OLLI Member \$54.00 Non-OLLI Member

#### **YOGA IS WELLNESS**

**DESCRIPTION:** Even if one practices poses and sequences on the yoga mat daily, by its very nature most 'Yoga is done off the yoga mat!' Yoga is an integrated holistic, wellnessoriented lifestyle which is the foundation for this class. A number of years ago the University of Arkansas adopted an 8 dimensional model of health and wellness that shares a number of characteristics with the Yoga lifestyle.

Ed Mink, retired Director of University of Arkansas Wellness & Health, will introduce this paradigm and explore the Eight Limbs of Yoga. Compassion and non-violence, as well as 'Yogic eating" will also be explored and practiced with intention. Through experiential learning, participants will come to realize and appreciate Yoga as Wellness.

Participants should bring a personal wellness journal to class along with a yoga mat or towel. Dress in easy-to-move-in clothing.

INSTRUCTOR: Ed Mink DAY/DATE: Mondays & Wednesdays, 5/22/24-6/19/24 (8)

#### **LOCATION KEY** on page 16

TIME: 11:00 AM - 12:30 PM FORMAT: In Person LOCATION: SHLH COST: \$69.00 OLLI Member \$84.00 Non-OLLI Member

#### GEOGRAPHIC OBSERVATION WITH DRONES

**DESCRIPTION:** This program introduces the history of drones and unmanned aircraft systems (UAS), and includes a full demonstration of their uses. University of Arkansas professors, Jason Tullis and Dr. Brad Peters, will present information on personal remote sensing, airspace regulations, geographic or geospatial data, drone platforms and sensors, photogrammetric concepts, cyberinfrastructure, air mobility initiatives in Northwest Arkansas, and safety in flight operations. A field component will include introductory preflight and flight, demonstration of automated survey and autonomous scanning of a 3D structure. Participants will have the opportunity to fly a small UAS (under 55 lbs) with support from subject matter experts at the U of A.

The class portion (session 1) will be held at the OLLI office building while the demonstration session will be held at Agri Park. For the second session, participants are asked to wear sturdy shoes and to bring a lawn chair.

**INSTRUCTOR:** Jason A. Tullis and Dr. Brad Peters

DAY/DATE: Thursdays, 5/23/24-5/30/24 (2) TIME: 10:00 AM - 12:00 PM FORMAT: In Person

LOCATION: SHLH (class) Agri Park (Demo) COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member

#### **ASTRONOMY IN THE BIBLE**

**DESCRIPTION:** From *Genesis* to *Revelation*, the Bible is full of references to the heavens and the stars within them. But, the Biblical writers were ambivalent about the powers manifested in the heaven. Ray Towne, has been a student of the Bible & the stars since the 1970's and taught "Constellations Dancing Over Your Head", in Fall 2023 for OLLI. He will explore many verses and interpretation, like the Planetary conjunction that may have created the Star of Bethlehem.

Bring your Bibles as we explore that planetary conjunction and look for evidence of God's Genesis 3 curse on the Serpent in our present constellations.

INSTRUCTOR: Raymond L. Towne DAY/DATE: Wednesday, 5/29/24 (1) TIME: 1:00 PM - 3:00 PM FORMAT: In Person LOCATION: SHLH COST: \$25.00 OLLI Member \$40.00 Non-OLLI Member



On December 2nd, 2023, OLLI members gathered for the annual Holiday celebration at the Jones Center. Attendees had a delicious brunch catered by the Buttered Biscuit restaurant in Fayetteville. Josh Raney, the director of OLLI, spoke about the marvelous OLLI achievements for 2023, thanking the contributions of the various committees and individuals. A marvelous group of UARK students. VOICES, entertained the large crowd of attendees with traditional holiday and contemporary songs. Dean of the College of Education and Health Professions, Kate Mamiseishvili, attended along with other administrators and staff of the college.

Photos by Doug Talbott, OLLI member



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## **SUPPORT OLLI**

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## Why Your Gift Matters

When you support OLLI @ University of Arkansas, you make an immediate positive investment in the life and future of our learning community. Contributions to our annual fund account for nearly 15% of our yearly budget.

#### Your Gift Will Help Us:

- Transform our new location into a venue that is inviting and provides an ideal learning environment with various opportunities for lifelong learners;
- Retain and attract qualified staff to provide a high level of customer service and support to members, administrative staff, instructors and volunteers;
- Develop and offer new, fun and exciting opportunities to a broader audience across the region.

Consider making a tax deductible gift to the OLLI

Giving Fund. Gifts can be made in one of the following ways: *Donate Online:* Donate online with a credit card at http:// onlinegiving.uark.edu and use the drop down menu to designate your gift to the OLLI Giving Fund.

*Check:* Mail or drop off a check to OLLI, 481 S. Shiloh Dr., Fayetteville, AR 72704.

## Gifts That Will Cost You Nothing Now:

You can ensure that Arkansas' seniors have access to continued life-enriching learning opportunities and social engagements throughout the year by including Osher Lifelong Learning Institute in your will. Your gift through a will, trust, or other account will be your personal legacy to improve the lives of seniors in your area, empowering them to continue being an active participant in the community. Leaving a simple bequest can be accomplished easily with your attorney's help.

If you intend to leave an outright gift of cash, securities, or other property in your estate planning to Osher Lifelong Learning Institute to build our future, contact Josh Raney, OLLI Director (479-575-3541 or jraney@uark.edu).

## **Osher National Resource Center**

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Curriculum-driven. Community-centric. And just one click away.

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Scan this QR code with your phone or other smart device.



## **Social Activities** & Events



Learning isn't the only thing to do at OLLI, we also have opportunities each month to have fun and meet others. Monthly social activities and events are open to all and FREE to attend. Some activities may have individual costs for food/drink.

Regular monthly events include Lunch with Authors which meets the 3rd Thursday of each month,

Happy Hour which means the 4th Thursday of the month, and NEW this spring we will introduce Movies and Dessert, the 3rd Friday of each month. This spring we will once again visit Ozark Escape, to experience Fayetteville's premier escape room. Other annual events include open houses, a holiday brunch and end of year membership celebration.

Information about social activities and events is shared in the OLLI Monthly Newsletter, that is sent digitally by email. If you are not currently receiving OLLI updates and announcements contact us to ensure you are getting the latest news!





OLLI U of A Partners



## Member Exclusive Classes

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Annual members have the benefit of access to members-only programs, classes, special interest groups (SIG) and the Osher Online courses (offered winter & summer). This spring season, the following programs are available exclusively to current members:

- Great Decisions
- Tyson Art Tours
- Bob Dylan & Woody Guthrie Museum Tours
- Pickleball for Beginners
- Tour of Greenwood Museum and Gardens
- Ozark/AR Authors Book Club
- Brightwater Culinary Tour

To participate in these programs, an annual membership is required and can be purchased any time of year.

OLLI U of A Partners



Photo by Doug Talbott, OLLI member.

Stay up-to-date with the Faulkner Performing Arts Center!

faulkner.uark.edu

MOBILE APP AVAILABLE FOR IOS & ANDROID

Check out our Facebook page for artist interviews, event updates & more! **facebook.com/FaulknerPAC** 



## Spring 2024 Registration

Dr. Mr. Ms. Mrs.

First Name

OSHER

LIFELONG LEARNING INSTITUTE

Last Name

Email Address (For communication purposes only)

Date of Birth

Phone

Address

City

State Zip

Date of Birth

Name (2nd Member)

Email Address (2nd Member)

#### Membership\* (July 1 - June 30):

New Member 🗌 Renewing Member 🗌 Non-Member

Membership Type:

#### \$35 Special Limited Spring Membership

**Add Linking?** Linking a membership with another member online provides a unique feature allowing members to register one another.

Yes, please link my membership with

COURSE REGISTRATION	\$
MEMBERSHIP	\$
TOTAL AMOUNT	\$

**Registration Methods** 

On-Line: olli.uark.edu By Phone: (479) 575-4545 In Person: Monday-Friday, 9:00 am - 4:00 pm By Mail: OLLI, 481 S. Shiloh Dr., Fayetteville, AR 72704

#### Payment

**Check<sup>†</sup>:** Make checks payable to "OLLI" <sup>†</sup>If registering by phone payment must be received within 5 business days after registering.

**Credit Card:** Credit card payments can be made online only.

• Memberships are tax deductible!

#### **Registration Opening Dates:**

**OLLI Members:** Wednesday, February 7, 2024 **General Public:** Monday, February 12, 2024

#### Join Now & Sign Up for Spring Classes!

<b>,</b>				
Select	Start Date	Brief Course Title	OLLI	Non
	2/13	Silas Hunt	\$19	\$34
	2/16	Wit & Wisdom	\$25	\$40
	2/19	How Does Your Garden	\$25	\$40
	2/20	It's MY Funeral	\$25	\$40
	2/21	Great Decisions	\$75	N/A
	2/21	S&S-Gilded Age: Tale of Murder & Madness	\$25	\$40
	2/22	Greenwood Museum (CR)	\$35	N/A
	2/22	Greenwood Museum (TR)	\$50	N/A
	2/23	A Walk Across Petra	\$25	\$40
	2/26	Archeology for the Public	\$19	\$34
	2/26	Ancient Cosmogonies	\$45	\$60
	2/27	Catcher Race Riot	\$35	\$50
	2/27	Jazz/Rock Fusion	\$35	\$50
	2/28	Create Your Own Watercolor Tulips	\$79	\$94
	2/28	Hike Hawksbill Crag (CR)	\$29	\$44
	2/28	Hike Hawksbill Crag (TR)	\$40	\$55
	2/29	Getting to Know Grief	\$19	\$34
	3/1	Create a Taste of Elegance	\$69	\$84
	3/4	Nixon Resignation	\$49	\$64
	3/5	Armchair Birding	\$19	\$34
	3/6	Ozark / AR WBC	\$25	N/A
	3/7	Yoga For Healthy Aging	\$55	\$70
	3/7	Addressing Homelessness	\$19	\$34
	3/9	Cake Decorating for Beg	\$59	\$74
	3/12	The Lands & Water on Which All Life Depends	\$19	\$34
	3/13	Chasing Waterfalls (TR Only)	\$39	\$54
	3/14	Watershed Management	\$19	\$34
	3/15	Knitting Stitches	\$25	\$40
	3/18	Grandparents Raising	\$19	\$34
	3/19	The 19th Century Soldier's Life	\$35	\$50
	3/20	S&S-Gilded Age: The Grand Dames	\$25	\$40
	3/25	Conservation – A Recent Activity	\$19	\$34
	3/26	Exploring Energy	\$19	\$34
	3/26	Pickleball for Beginners	\$85	N/A
	3/26	Clinton House Museum Tour	\$29	\$44
	3/27	CW: Kings River Falls (CR)	\$25	\$40
	3/27	CW: Kings River Falls (TR)	\$40	\$55
	3/29	Safety & Awareness	\$55	\$70
	4/1	AR in the Civil War	\$29	\$44
	4/1	Mindful Movement	\$59	\$74
	4/2	Supply Chain Issues	\$19	\$34
	4/3	School of Art Tour	\$25	\$40

Select	Start Date	Brief Course Title	OLLI	Non
	4/4	Brightwater Culinary Tour (Cr)	\$29	N/A
	4/4	Brightwater Culinary Tour (Tr)	\$49	N/A
	4/4	The U.S. & the Holocaust	\$25	\$40
	4/8	A Total Eclipse of a Hike (TR Only)	\$45	\$60
	4/10	Native Plants	\$19	\$34
	4/11	Iconography	\$25	\$40
	4/11	Political Messaging in the U.S.	\$19	\$34
	4/16	Waltz of the Wildflowers (CR)	\$39	\$54
	4/16	Waltz of the Wildflowers (TR)	\$55	\$70
	4/17	Geology of Arkansas	\$25	\$40
	4/17	You Too, Can Take Better Digital Photographs	\$29	\$44
	4/18	The Dylan & Guthrie Museum Tours (CR)	\$45	N/A
	4/18	The Dylan & Guthrie Museum Tours (TR)	\$59	N/A
	4/19	Hike the Ozark National Forest (CR)	\$29	\$44
	4/19	Hike the Ozark National Forest (TR)	\$40	\$55
	4/23	On the Farm	\$25	\$40
	4/23	Making Waves at the Blue Zoo	\$35	\$50
	4/24	S&S-Gilded Age: I Could Have Killed Him Twice	\$25	\$40
	4/25	Connect NWA	\$19	\$34
	4/30	Is Public Radio Still Alive	\$25	\$40
	4/30	Visit One of the Most Haunted Places (CR)	\$39	\$54
	4/30	Visit One of the Most Haunted Places (TR)	\$65	\$80
	5/2	Tyson Art Tour (5/2)	\$49	N/A
	5/3	The Early Hiker Spots the Bird (CR)	\$35	\$50
	5/3	The Early Hiker Spots the Bird (TR)	\$55	\$70
	5/7	Route 66	\$25	\$40
	5/7	Women in Science	\$25	\$40
	5/8	A Novel Approach to War	\$39	\$54
	5/9	What Makes Spiro Mounds So Special (CR)	\$25	\$40
	5/9	What Makes Spiro Mounds So Special (TR)	\$39	\$54
	5/9	Looking in on Presidential Libraries	\$29	\$44
	5/10	All About Monarchs	\$25	\$40
	5/13	Historical Civil Rights Tour	\$19	\$34
	5/16	Tyson Art Tour (5/16)	\$49	N/A
	5/17	UA Museum Tour	\$19	\$34
	5/21	OPB – Floral	\$39	\$54
	5/22	Yoga IS Wellness	\$69	\$84
	5/23	Geographic Observation W. Drones	\$25	\$40
	5/29	Astronomy in the Bible	\$25	\$40

## **Policies & Procedures**

## Please read and be aware of all OLLI policies and procedures.

#### **PRICING:**

OSHER

LIFELONG LEARNING INSTITUTE

Classes are priced based on a combination of: rental space fee; instructor compensation; class materials cost; transportation rates; tech fee; and/or catering (if applicable).

#### **COURSE CHANGES:**

Periodically, due to unforeseen reasons, class times or locations may change after the catalog is printed. Please check your email and the OLLI website for the most up-to-date information olli.uark.edu.

#### **MISSING A CLASS:**

If you miss the first meeting of a class, please call the OLLI office at 479.575.4545 or email olli@uark.edu to learn whether the next meeting location or time has been changed. If you register for a class and decide not to attend, please call us to let us know because many classes and activities have waiting lists.

#### WEATHER CANCELLATIONS:

The Osher Lifelong Learning Institute typically follows the University of Arkansas's Inclement Weather Policy. This policy can be viewed at uark. edu under Fayetteville Policies and Procedures 210.0. U of A closings are announced on the uark.edu website and on all local television stations and KUAF radio.

#### CLASS CANCELLATION / REFUND POLICY:

When dropping/cancelling a class you MUST contact the OLLI office at least five (5) days prior to the start of the class to receive a partial refund.

A cancellation fee of \$15 or the cost of the class, whichever is less, will be deducted from the refund.

NO refund will be processed if the registration is not cancelled at least five days prior to the first class session.

### Refunds are processed once a month.

Payments made by credit card will be refunded back to the credit card account. Payments by cash or check will receive a refund check mailed to the home address. Receipts will not be

#### sent for refunds.

\*Note: You will receive a full refund if OLLI has to cancel a class due to unforeseen circumstances (weather, instructor illness, etc.). Memberships are non-refundable.

#### **COURSE EVALUATIONS:**

Following the final session of all courses, participants will be sent an electronic evaluation form via email using Google Forms. Please complete these evaluations and provide honest and open feedback. The information collected on the evaluations is used by the instructors and curriculum committee to develop future courses.

#### COURSE CONTENT DISCLAIMER:

Courses listed in this catalog are offered in the spirit of academic freedom. The Osher Lifelong Learning Institute and the University of Arkansas do not endorse any creed, concept, service or product that might be presented.

#### **EMAIL NOTIFICATIONS:**

Please read your emails thoroughly!! It is important that we have your current contact information, especially your email address! OLLI communicates class reminders, updates, newsletters and other information via email. If you haven't been receiving our emails please contact us right away to ensure you aren't missing out on the latest OLLI news. Read class reminder emails thoroughly.

#### **PHOTOGRAPHS:**

OLLI reserves the right to take photographs or videos during the operation of all programs and events to use for promotional purposes. By registering for an OLLI program, participants agree to allow their images to be used in such photography. Participants who prefer that their images not be used are asked to contact the OLLI office at (479) 575.4545 to make that request.

#### **OTHER POLICIES:**

When attending classes and events sign the roster sheet at each class and update contact information as needed.



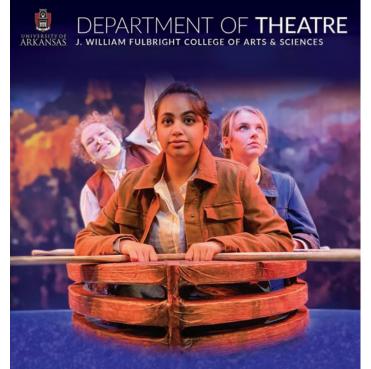
The College of Education and Health Professions is proud to work with the Osher Lifelong Learning Institute to provide educational programs and opportunities for the community.



Wellness and Education Commitment to Arkansas Excellence

UNIVERSITY OF ARKANSAS. College of Education & Health Professions

OLLI U of A Partners



OLLI Members get two free tickets to all UARK Department of Theatre Performances. Please email olli@uark.edu to claim your code.



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#### OLLI U of A Partners

Travel

# FOCUS GROUP

In late February and early March, The College of Education and Health Professions will be hosting three one-hour long focus groups in the OLLI offices.

You will get a free lunch and a \$25 Amazon for sharing your thoughts on what role mature adults should play in our community and how might we design programs to help get people like OLLI members more engaged.

There are no 'right' or 'wrong' answers, just ideas, big and small to help begin to chart a course for the future.



If you are interested, email Dr. Mike Miller (mtmille@uark.edu) for more information. Exact dates are yet to be scheduled!



481 S. SHILOH DR. FAYETTEVILLE, AR 72704

SPRING 2024 COURSE CATALOG

FEBRUARY - MAY



OLLI - U of A is kicking off the spring term with the following events and activities!



#### Wednesday, February 7 9:00 AM - MEMBER PRIORITY REGISTRATION OPENS

#### Sunday, February 11 2:00 PM - OPEN HOUSE

We invite you to join us as we open the doors to the community and show off our new offices and share information about all of the spring programs and activities. The Open House is an opportunity to purchase a membership, register for classes, listen to instructors discuss their topics and visit with other like minded individuals.

Members will have a chance to register for classes at our open house or online if they cannot join us. Not a member? Join now for priority registration! To find out more about this event visit our website homepage: olli.uark.edu

#### Wednesday, February 12 9:00 PM - GENERAL REGISTRATION OPENS

Contact us to learn more about these events and how to participate:



u 🔇 (479) 575-4545